



METHUEN ELDER AFFAIRS
Methuen Activity Center
77 Lowell Street, Methuen, MA 01844
(978)983-8825
Monday through Thursday ~ 8:00am – 4:00pm
Friday ~ 8:00am – 12:30pm

OCTOBER 2009

STAFF

Corinne C. LaCharite, Executive Director
Department Head
Linda Sheehan, Administrative Assistant
Lynneanne Moss, Head Clerk
Susan Foster, Activity Coordinator
Elena Ganem, Office Support

COUNCIL ON AGING

Monica Pitman, Chairman
Elena Ganem, Secretary
Leo Kirane, Treasurer
Charlotte Blood
Louise Flynn, Honorary
Elaine Morissette
Alfred D'Agata
Mary Jane Beaulieu

SERVICE STAFF

BENEFITS COUNSELING / SHINE Volunteer
Beverly Bradley

GIFT SHOP
Barbara Skinner, Manager

HEALTH CLINIC (VNA)
Jan Giles, RN

MEALS ON WHEELS/NUTRITION PROGRAM
Maureen Donovan

OUTREACH / SUPPORT SERVICES
Louise Edelblute, RN

SENIOR READERS IN SCHOOLS
Linda Sheehan, Susan Foster

TELEPHONE REASSURANCE

THRIFT SHOP
Lilian Zakia

TRIPS
Susan Foster
Elena Ganem

VOLUNTEER MEDICAL TRANSPORTATION
Dorothy Zazopoulos

VOLUNTEER SERVICES/FRIENDLY VISITOR
Linda Sheehan
Dorothy Zazopoulos

SOCIAL GROUPS

AARP
Loretta Andrade

BEANO
Phyllis Hutton

BRIDGE GROUP
Mary Letizio

SATURDAY NIGHT BALLROOM DANCE
Elena Ganem, Manny Quintal

SHUFFLEBOARD GROUP

GREETINGS FROM THE COUNCIL ON AGING

The Methuen Council on Aging consists of a seven member board appointed by the Mayor and approved by the City Council. The Council on Aging's main objectives are: (1) To advocate on behalf of the Methuen elderly population in addressing their needs by identifying and developing community resources of assistance. (2) To set policy for the operation of the Senior Center (3) To provide information, referral, outreach, nutrition and health services in cooperation with other City Departments and area agencies. (4) To enhance the quality of life for Seniors and the Community by providing educational, recreational, cultural programs and activities.

IN APPRECIATION!



Special thanks to all who contributed to the Programming and services at the Senior Center in September including: Mayor Manzi for hosting a delicious Ice Cream Social; Atty. Karol Bisbee for continued free legal clinic; Larry Giordano for a valuable self defense presentation; Halcyon House and Sunbridge for hosting informational coffee hours; The Come Back Kids for a fun afternoon of music and dancing and the Methuen Arts Lottery for sponsoring that event; Whittier Rehab for hosting a Cardio Vascular Disease informational session; and The Happy Heart Chorus for 2 outstanding performances!

Be sure to join us again this month for more events and activities!
Thank You All!



ANNUAL HOLIDAY CRAFT FAIR

At Methuen Senior Activity Center, 77 Lowell St. Methuen
Saturday, November 7, 2009
9:00am-3:00pm
Free Admission!

Assorted Crafts Giant Raffle Gift Shop Table
Hourly Drawings Pastry Shoppe
Lunchon Snack Bar Jewelry Table


The public is Welcome!

All Crafters are invited to participate!
Space is still available! Call 978-983-8825!



MEMORIALS

Memorials have been received in memory of:



- Dennis Bistany
- Florence Grande
- Joyce Hines
- Marie Lipfert
- Juliette Murphy
- Alfred R. Nault
- Mary Lou O'Sullivan
- Pasqualena Vallente
- Rosalie Wile
- Claire Wyka

Memorial monies received to the Methuen Senior Activity Center will be used for special memorial items only.

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Memorial cards are available at the Center Office and from your funeral director.



# SATURDAY NIGHT BALLROOM DANCING!

Saturdays 7:30-11:00pm

- Oct 3 The Fred Manzi Trio
- Oct 24 Boots & Co (Halloween)
- Nov 14 The Entertainers
- Dec 5 Pete Saran
- Dec 19 The Mel-Tones
- Dec 31 New Year's Eve Dinner/Dance  
The Fred Manzi Trio (Tickets: TBA)



Tickets: \$8.00pp available in the office and at the door.



## WANTED: Jewelry Sale Items!

Donations for the Jewelry Sale Table are always gratefully accepted anytime in the office!



## ATTENTION: EZ TRANS RIDERS



Financial assistance is available for the purchase of EZ Trans transportation tickets through the Methuen Council on Aging's grant funded by HUD. Methuen senior residents who use the EZ Trans program are encouraged to apply for reduced fare (1/2 price) ticket books available only through the Methuen Council on Aging. Methuen seniors must be income eligible and provide proof of household income to participate. For more info, stop by the office or call 978-983-8825.

## FUNDRAISING ☺

Please help our efforts to keep the Center safe, clean and well-maintained by attending our fund-raising activities!

While reading this newsletter, you'll notice a smiley face symbol - ☺ - next to several events. This symbol denotes a fundraising activity that will be put toward our estimated \$25K in utilities and repairs this fiscal year! Additionally, always remember to patronize our Thrift & Gift Shops, specially scheduled Jewelry Sales and the on-going 50/50 Club Raffle as we depend upon these major fund-raising venues to keep us going! *Thank You!*



# Join the Club... METHUEN SENIOR CENTER 50/50 CLUB ☺



## Three Winners Each Month!

Membership \$4.00 per month

Must be paid 6 month \$24.00 or 12 months \$48.00

|              |            | <b>Prize Fund</b>                  |                       |                       |
|--------------|------------|------------------------------------|-----------------------|-----------------------|
|              |            | <b>50% of Total Monthly Income</b> |                       |                       |
| # of Members | Prize Fund | 1 <sup>st</sup> Prize              | 2 <sup>nd</sup> Prize | 3 <sup>rd</sup> Prize |
| 100          | \$200      | \$100                              | \$60                  | \$40                  |
| 150          | 300        | 150                                | 90                    | 60                    |
| 200          | 400        | 200                                | 120                   | 80                    |
| 250          | 500        | 250                                | 150                   | 100                   |
| 300          | 600        | 300                                | 180                   | 120                   |
| 350          | 700        | 350                                | 210                   | 140                   |

For more information, or to join the club,  
Visit the office at 77 Lowell St, Methuen

(Your Donation is Tax Deductible)

Membership \$4.00 per month  
Must be paid 6 months or 12 months

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Donation: \$ _____

6 months = \$24.00 12 months = \$48.00
(Make Check Payable To: MSC 50/50 Club)

Date: _____



Name: _____

Address: _____

(Cut out and mail in your membership today!)



OCTOBER 2009 CALENDAR OF EVENTS

- Thurs 1 Informational Health Talk: "Aging Gracefully – Staying strong and enjoying life" (part 1 of 2) 10:30-11:30am. Speaker: Lois Marra of Merrimack Valley Hospice.
- Sat 3 ☺ Sat. Night Ballroom Dancing. The Fred Manzi Trio. 7:30pm. \$8.00pp. 
- Tues 6 TRIAD Meeting. 10:00am.
- Thurs 8 Informational Health Talk: "Aging Gracefully – Staying strong and enjoying life" (part 2 of 2) 10:30-11:30am. Speaker: Lois Marra of Merrimack Valley Hospice.
- Thurs 8 Lunch time special feature: Potato Bar. 11:30am. Details inside. 
- Mon 12 Columbus Day. Center Closed.
- Tues 13 Ice Cream Social. Sponsored by Mayor Manzi. 1-3:00pm. Music by Dick Arsenault.
- Wed 14 Stamps available for purchase in lobby. 10:30am.
- Wed 14 Informational Talk: Self Defense with Canes. Host: Larry Giordano. 1:00pm. All are invited.
- Thurs 15 Informational Health Talk: Respiratory Therapy. Sponsored by Holy Family Hospital. 10-11am.
- Fri 16 2009 Seasonal Flu Shot Clinic. 9-11:30am.
- Mon 19 Informational Health Talk: Balance. Sponsored by Northeast Rehab. 10:30-11:30am.
- Tues 20 2009 Seasonal Flu Shot Clinic at St. Lucy's Parish Hall. 9:00-11:30am.
- Tues 20 AARP Meeting. 1:00pm. All are welcome.
- Tues 20 Foot Care Clinic. By Appt. Only. \$25.00 fee.
- Wed 21 Free Legal Clinic. Atty. Karol Bisbee. 9-11:00am. Appointment required (15 minutes maximum).
- Wed 21 Methuen Veterans Agent, Tom Hargreaves available to meet with senior veterans. 10:00am.
- Wed 21 Spaghetti Supper for Methuen Seniors hosted by Methuen Fire Dept. 4:00-6:00pm
- Thurs 22 Informational Health Talk: Brown Bag Prescription Check. Hosted by Target Pharmacy. 9:30-11am.
- Thurs 22 *Tentatively Scheduled* Informational Health Talk: Diabetes & Heart. Speaker: Dr. Berry. 1:00pm. *Please call for date confirmation.*
- Sat 24 ☺ Sat. Night Ballroom Dancing.. Boots & Company. Halloween Dance: Come in Costume! Prizes! 7:30pm. \$8.00pp.
- Mon 26 Coffee Time with Joyce Campagnone, Candidate for City Councilor at Large. 9:30-11:00am.
- Tues 27 Fourth Tuesdays. Merrimack Valley Hospice offers information and support for those suffering loss. 10-11:30am. 
- Wed 28 Halloween Party! Hosted by Councilor Jeanne Pappalardo. 1-3:00pm. Music by DJ Dick Arsenault. Come in costume! Prizes!
- Thurs 29 Day Trip: Foxwoods Casino. 6:30am. \$25pp.
- Sat 31 Pancake Breakfast for Methuen Seniors. Sponsored by Mayor Manzi. 8-10:00am.

COMING SOON...

- Nov 4 Diabetes Expo/Health Fair and Kidney Screening. 9:00-11:30am.. More details inside.
- Nov 7 Annual Holiday Craft Fair! 9:00am-3:00pm. Public Welcoem! Details inside!
- Nov 11 Veteran's Day. Center Closed.
- Nov 12 Informational Health Session: Holiday Coping. Sponsored by Merrimack Valley Hospice. 10:30-11:30am.
- Nov 14 ☺ Sat. Night Ballroom Dancing. 7:30pm.. The Entertainers. \$8.00pp.
- Nov 17 Informational Talk: US Census 2010. Speaker: Nancy Gilbert. 10:00am. All are welcome.
- Nov 17 AARP 1:00pm
- Nov 17 Foot Care Clinic. By Appt. Only. \$25.00 fee.
- Nov 18 Stamps available for purchase in lobby. 10:30am
- Nov 18 Free Legal Clinic. Atty. Karol Bisbee. 9-11:00am. Appointment required (15 minutes maximum).
- Nov 18 Methuen Veterans Agent, Tom Hargreaves available to meet with senior veterans. 10:00am
- Nov 19 Day Trip: Foxwoods Casino. 6:30am. \$25.00pp
- Nov 19 Birthday Party! 11:30am.
- Nov. 20 Annual Day of Remembrance. Details inside.
- Nov 24 Fourth Tuesdays. Merrimack Valley Hospice offers information and support for those suffering loss. 10-11:30am.
- Nov 26/27 Thanksgiving Holiday. Center Closed.



INFORMATIONAL TALK

What: Self Defense with Canes
 When: Wed. October 14, 2009 ~ 1:00pm
 Hosted by: Larry Giordano.
 All are invited.



Elder Services of the Merrimack Valley, Inc.



Choices for a life-long journey

FAMILY FUN FEST!

Join Elder Services of the Merrimack Valley, Inc. in celebrating their 35th Anniversary with special events for elders, caregivers and families!

SUN., OCTOBER 4, 2009 ~ 11:00am-2:00pm
 Riverwalk Complex, 360 Merrimack St, Bldg #5, Lawrence

- | | |
|---------------------------------|----------------------|
| Ask A Lawyer Table | Caregiver Advice |
| Health Screenings | Nutrition Advice |
| Medicaid Planning Information | Wii™ Tent* |
| Tai Chi Demonstration | Resource Information |
| Black Widow Monster Truck | Face Painting |
| Food*, Raffles* & Music | Games & Prizes* |
| Lowell Spinners Mystery Machine | Free Parking |
| | Free Admission |

* Not included in the free admission

Contact Alison Graziano at 800-892-0890 x 1467
 or agraziano@esmv.org for more information.

TO YOUR HEALTH!
Informational Health Programs this month!

What: **Aging Gracefully – Staying strong and enjoying life** – This 2 part program will identify life changes and the stresses associated.
When: (Part 1) October 1, 2009 ~ 10:30-11:30am.
(Part 2) October 8, 2009 ~ 10:30-11:30am
Speaker: Lois Marra of Merrimack Valley Hospice.
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What: **Respiratory Therapy**
When: October 15, 2009 10-11:00am.
Sponsor: Holy Family Hospital
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What: **2009 Seasonal Flu Shot Clinic.**
When: October 16, 2009 9-11:30am.
Where: At Methuen Senior Center.
When: Oct 20, 2009 ~ 9:00-11:30am
Where: At St. Lucy's Parish Hall.
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What: **Balance**
When: October 19, 2009 10:30-11:30am.
Sponsor: Holy Family Hospital
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What: **Brown Bag Prescription Check.**
When: October 22, 2009 ~ 9:30-11:00am
Speaker: Target Pharmacy.
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What: *Tentatively Scheduled:* **Diabetes & Heart**
When: October 22, 2009 ~ 1:00pm
Speaker: Dr. Kevin Berry
(please call ahead for date/time confirmation)



HALLOWEEN PIZZA PARTY

Wednesday, October 28, 2009
1:00-3:00pm



Music by D.J. Dick Arsenault!
Prize for Best Costume! Free!
Come and have a hauntingly good time!

INFORMATIONAL TALK

What: US Census 2010
When: Tuesday, November 17, 2009 ~ 10:00am
Speaker: Nancy Gilbert, Partnership Specialist

Come learn valuable information about the US Census 2010! Census questionnaires will begin arriving in households during February and March. Residents will need to be fill out and return Census questionnaires by April. Census takers will visit households that did not return questionnaires. **EVERY RETURN COUNTS!** It's important to fill out and return the questionnaire because federal funds are distributed to cities and towns based upon the correct number of residents!

ATTN: SENIOR HOMEOWNERS

Free, confidential help from **H.O.M.E.** (Homeowners Options for Massachusetts Elders) is available.
Call 1-800-583-5337 or 617-451-0680.

- Warning Flags of Foreclosure for Money Managers:**
- Certified notices or registered letters
 - Unpaid bills
 - Senior doesn't know what type of mortgage he/she has
 - Homeowner with an adjustable rate mortgage doesn't know when the next reset is and how much it will be
 - Homeowner has refinanced recently or is thinking about refinancing
 - Senior has been late on mortgage payment in the past 6 months.



REMEMBRANCE DAY CELEBRATION
Friday, November 20, 2009
10:30-11:30am

Join us for an hour of remembering and celebrating friends and loved ones who have touched our lives in a special way. This informal gathering will be held in the lobby area under the Memorial Chandelier. We encourage everyone to join us and if you'd like, share a special remembrance story of your own! Refreshments will be served.

BLOOD PRESSURE CLINIC 2009
2nd & 4th Tuesdays of the Month ~ 9-11am
Oct 13 & 27 Nov 10 & 24 Dec 8 & 22

There is no charge for this service, but donations are always welcome!



HEALTHY AGING FAIR
DIABETES & KIDNEY EXPO

Wed., November 4th, 2009 ~ 9-11:30am

The National Kidney Foundation will also conduct free Kidney Health Screenings from **9:00am-1:30pm**. **KEEP** (Kidney Early Evaluation Program) is designed to identify and educate people at risk – those with diabetes, high blood pressure or a family history of kidney disease.
Pre-registration is required by calling 978-983-8825.
Watch for more details to come!

FOOT CARE CLINIC 2009



Foot Care Clinics will be held the following Tuesdays from 1:00-3:00pm. Appointments are necessary and a \$25.00 charge is due at time of service.

Oct 20

Nov 17

Dec 15

Fourth Tuesdays Return!

Lois Marra of Merrimack Valley Hospice offers information and support for those suffering loss. Meetings held the fourth Tuesday of each month. 10:00-11:30am. No appointment necessary.



October 2009



MONDAY

8:00-9:00
CHAIR YOGA

9:30-12:00
JAPANESE BUNKA

9:30-10:30
MODIFIED
AEROBICS

9:30-11:30
NEEDLEARTS

1:00-3:00 BINGO
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### **EZ Trans**

Assist Van  
685-8767  
or for a cab  
1-877-308-7267  
48 Hrs. Advance  
Notice Required  
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FOOT CARE CLINIC

Once a month . by
appt only. \$25.00
charge.
Call for schedule.

TUESDAY

8:00-9:00
AEROFLEX

9:00-11:30
12:30-3:00
CERAMICS

9:15-10:45
DANCE

9:00-11:00 CLINIC
2nd & 4th TUES of the MONTH

8:30-11:30 &
SHUFFLEBOARD

12:30-3:00
KNIT & CROCHET
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**Counseling services  
Tuesdays 9-11am**

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**AARP** meets the  
third Tuesday of each  
month. 1:00pm



## WEDNESDAY

8:00-9:00  
WEIGHT TRAINING

9:15-10:15  
MODIFIED  
AEROBICS

9:00-11:00  
11:30-1:30  
COMPUTERS

9:00-11:30  
QUILTING

10:00-12:00  
OIL PAINTING

2:15-3:45  
ADOPT-A-  
GRANDPARENT

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RIDES FOR MEDICAL APPOINTMENTS

Call Dorothy, 9-12:00n at
978-983-8825. A
minimum of 2 days
advance notice required.

THURSDAY

8:00-9:00
AEROFLEX

9:00-11:00
11:30-1:30
COMPUTERS

9:00-11:30
QUILTING

9:30-12:00
JAPANESE BUNKA

9:30-10:30
FITNESS CLASS

12:30-3:30
BRIDGE

12:30-2:00
CHORAL GROUP

1:00-3:00
KNITTING



FRIDAY

8:00-9:00
WEIGHT TRAINING

9:30-10:30
MODIFIED
AEROBICS

9:00-10:30
YOGA (On-going)

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Representative Linda  
Dean-Campbell will be  
here Fridays 11:00am-  
12:00pm to address  
questions, concerns &  
comments.

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PLEASE NOTE:

Exercise programs,
yoga and dance classes
run continuously
throughout the year.
Craft classes run on 10
week semesters

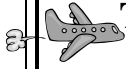


Our Newsletter & Mailings are
sponsored in part by Executive
Office of Elder Affairs,
One Ashburton Pl.
Boston, MA 02108



 **LUNCH SERVED**
Monday through Friday ~11:30am
Call Mornings 978-685-8866
(Two day advance notice Required)
Donation: \$2.00

 **The GIFT SHOP and
THRIFT SHOP are open**
Mon-Thur 9:30am-3:30pm
Fri 9:30-12:30
THE PUBLIC IS WELCOME! 



TRAVEL WITH US! Please note: Tickets must be purchased at time of reservation. Tickets are non-refundable, however, if a wait-list exists, we will make every effort to re-sell your ticket for you.

- Oct 7-9, 2009. Lake George, NY. 2 Nights, 4 meals, cruise on Lake George, dinner/entertainment, National Racing Museum, Saratoga Gaming and Raceway, more! \$319pp/do.
- Oct. 10-17, 2009. Great Smokies & Kentucky. Transportation, lodging, 8 days, 10 meals, more! \$2,399pp/do.
- Oct 12-14, 2009. Foxwoods & Newport. Transportation, 2 nights lodging, 4 meals, Tour of Newport, Newport Mansion, visit Mohegan Sun Casino, more. \$289pp/do.
- Oct. 15-15, 2009. Kennebunkport, ME Nonantum Resort.. Transportation, 1 night, 3 meals, sightseeing. \$335pp/do.
- Oct. 18-22, 2009. Branson, MO. Airfare, 4 nights lodging, 8 meals, showboat cruise/show, 8 other shows, & more! \$1,275pp/do.
- Oct 21, 2009. "Eh Paesan" at Angelica's Ballroom, Middleton, MA. Dinner/show. \$44.00pp. Transportation on your own – plan to arrive by 11:30am! 
- Oct 23, 2009. Indian Head Resort. White Mountains, NH. Lunch, Costume Contest, Show. \$66.00pp. 9:30am.
- Nov.1, 2009. Florida Keys Resort Getaway. 6 days/5 nights, 6 meals, transportation, lodging, airfare. \$1,899pp/do.
- Nov. 4, 2009. Spinelli's Lunch & Show featuring "The Amazing Angelo". \$69.00. 10:30am.
- Nov. 4-11, 2009. French Riviera. Transportation, lodging, 8 days, 10 meals, more! \$2,399pp/do.
- Nov. 5-14, 2009. Hawaiian Adventure: 3 Islands. Transportation, lodging, 10 days, 12 meals, more! \$3,999pp/do.
- Nov. 6, 2009. Lobsterbake at Capt. Jack's., Mstic, Ct. Shopping/browsing. 9:30am. \$64.00pp.
- Nov. 12-16, 2009. Branson Musical Holiday. Transportation, lodging, 5 days, 5 meals, more! \$1,729pp/do.
- Nov. 29-30, 2009. Christmas at White Mt. Hotel, N. Conway, NH. Transportation, lodging, 3 meals, show, sightseeing, shopping/browsing. \$285pp/do.
- Dec.1, 2009. Mohegan Sun Casino & Cornerstone Theater, Mystic, CT. "Mistletoed". 7:15am. \$61.00pp.
- Dec. 3-4, 2009. Boar's Head "Groaning Board" Dinner, Williamstown, MA. Transportation, reception, dinner, cabaret show, breakfast, Norman Rockwell Museum, sightseeing, browsing/shopping. \$285pp/do.
- Sept 20-29, **2010**. Oberammergau Passion Play 10 day Alpine Europe Tour - Austria, Italy, Switzerland & Germany. 

FREE LEGAL ASSISTANCE

Karol Bisbee, Elder Law Attorney will hold a free legal clinic every third Wednesday of the month from 9:00-11:00am. Appointments made on a first come-first served basis and limited to 15 minutes.





CAMPBELL'S SOUP LABELS



Campbell soup labels and General Mills "Box Tops For Education" labels are collected year round. The labels are delivered to local schools to be traded in for new classroom supplies! All you have to do is cut out the "Point Value" symbol or the UPC label from the back of Campbell's products and the "Box Tops For Education" symbols off General Mills products and drop them off here at the center. It's so easy and a great way to help the children in our community! Thanks.

SHARE A TIP



by Dora Atkinson

- To keep sneakers smelling fresh, put clean kitty litter in a couple of old socks, close top with a rubber band and stuff in sneaker overnight. The litter will absorb the offending aroma and the sneakers will smell like new!
- If you're planning to freeze raw meat, the store packaging is often not as tight as necessary to keep out freezer burn. You don't have to re-wrap completely, just wrap package in freezer-grade aluminum foil.

Serving Our Veterans in the Law

DIAL – A- LAWYER

Thursday, October 15, 2009

5:30-7:30pm ONLY ~ (617) 338-0610

Free Legal Advice for veterans and families of veterans, who have legal questions involving access to benefits, family issues, employment concerns, landlord/tenant matters and other legal issues.

This program is being offered as a public service of the Mass. Bar Assn. with the financial support of the Mass. Bar Foundation. The MBA acknowledges its partnership with the Mass. Dept. of Veterans' Services and thanks them for their important role in the success of this program.

Happy Birthday



Best wishes to everyone who celebrated a birthday during the month of **September...**

Evelyn Wetherbee	Joan Zonfa	Maureen Albis
Chloe Parmarillo	Elaine Morissette	Kay Espinola
Maureen Donovan	Barbara Skinner	Joan Bamford
Elaine Morissette	Arthur Ouellette	Tom Johnson
Theresa Robinson	Marilyn Freeman	Ron Chabot

Do you have a birthday this month? Sign up for the birthday lunch on Oct. 15, 2009. Reservations must be made no later than 12:00 noon on Oct. 13th.

Call 978-983-8825. In the meantime, we wish you...

Happy Birthday!!!

BUTTON CELL BATTERY RECYCLING

Help protect the environment! A button cell battery collection box is available in our lobby. Types of batteries that can be deposited include: hearingaids, watches, cameras, calculators and some toys.



AARP NEWS

The Methuen AARP Chapter #2817 would like to pass along the following information obtained from the AARP Online Community website...

Older Americans Needed for MIT Studies

Researchers at the MIT Age Lab in Cambridge are working to improve quality of life throughout the lifespan and to understand how to improve the usability and safety of cars as drivers get older. The Age Lab is looking for volunteer research participants to contribute to their various programs.

Studies include: Using a driving simulator, Driving a computer-equipped vehicle in the Boston area, Interfacing with technologies such as computers, navigation systems and consumer products.

For more information on volunteering and compensation, call 617-324-9054 or visit www.aarp.org.

SPACE STILL AVAILABLE



CRAFTERS WANTED!

FOR ANNUAL HOLIDAY
CRAFT FAIR

SATURDAY, NOVEMBER 7, 2009

9:00-3:00PM

AT METHUEN SENIOR CENTER

CALL FOR DETAILS – 978-983-8825

50/50 CLUB WINNERS ☺

Congratulations to the September 2009 winners

\$	Susan Powell	\$ 190.00	\$
	Marilyn Noble	\$ 114.00	
	Rita Guillette	\$ 76.00	

If you haven't joined the club yet, it's not too late!

Enrollment forms are available in the office 6 months(\$24.00) or 12 months (\$48.00).

Three chances to win each month! Sign up today!



FOXWOODS CASINO 2009 ☺

THURSDAYS

Oct 29

Nov. 19

Bus leaves promptly at 6:30am from the Park & Ride Parking Lot on Pelham St. Return bus leaves Foxwoods at 4:30pm sharp! Tickets: \$25.00pp – Non-Refundable