



# METHUEN ELDER AFFAIRS

Methuen Activity Center

77 Lowell Street, Methuen, MA 01844

(978)983-8825

Monday through Thursday ~ 8:00am – 4:00pm

Friday ~ 8:00am – 12:30pm

## NOVEMBER 2009

### STAFF

Corinne C. LaCharite, Executive Director  
Department Head  
Linda Sheehan, Administrative Assistant  
Lynneanne Moss, Head Clerk  
Susan Foster, Activity Coordinator  
Elena Ganem, Office Support

### COUNCIL ON AGING

Elena Ganem, Secretary  
Leo Kirane, Treasurer  
Charlotte Blood  
Louise Flynn, Honorary

Monica Pitman, Chairman

Elaine Morissette  
Alfred D'Agata  
Mary Jane Beaulieu

### SERVICE STAFF

BENEFITS COUNSELING / SHINE Volunteer  
Beverly Bradley

GIFT SHOP  
Barbara Skinner, Manager

HEALTH CLINIC (VNA)  
Jan Giles, RN

MEALS ON WHEELS/NUTRITION PROGRAM  
Maureen Donovan

OUTREACH / SUPPORT SERVICES  
Louise Edelblute, RN

SENIOR READERS IN SCHOOLS  
Linda Sheehan, Susan Foster

TELEPHONE REASSURANCE

THRIFT SHOP  
Lilian Zakia

TRIPS  
Susan Foster  
Elena Ganem

VOLUNTEER MEDICAL TRANSPORTATION  
Dorothy Zazopoulos

VOLUNTEER SERVICES/FRIENDLY VISITOR  
Linda Sheehan  
Dorothy Zazopoulos

### GREETINGS FROM THE COUNCIL ON AGING

The Methuen Council on Aging consists of a seven member board appointed by the Mayor and approved by the City Council. The Council on Aging's main objectives are: (1) To advocate on behalf of the Methuen elderly population in addressing their needs by identifying and developing community resources of assistance. (2) To set policy for the operation of the Senior Center (3) To provide information, referral, outreach, nutrition and health services in cooperation with other City Departments and area agencies. (4) To enhance the quality of life for Seniors and the Community by providing educational, recreational, cultural programs and activities.




## ANNUAL HOLIDAY CRAFT FAIR

At Methuen Senior Activity Center, 77 Lowell St. Methuen  
**Saturday, November 7, 2009**  
**9:00am-3:00pm**

Assorted Crafts      Gift Shop Table  
 Hourly Drawings      Pastry Shoppe  
 Luncheon Snack Bar      Jewelry Table

Giant Raffle – Enter for your chance to win! Over 50 prizes to choose from! Tickets \$1.00 each or 6 for \$5.00  
 You don't need to be present to win, but join us for a fun-filled day!  
**The Public is Invited and Admission is Free!**




### SOCIAL GROUPS


AARP  
Loretta Andrade

BEANO  
Phyllis Hutton

BRIDGE GROUP  
Mary Letizio

SATURDAY NIGHT BALLROOM DANCE  
Elena Ganem, Manny Quintal

SHUFFLEBOARD GROUP




## HEALTHY AGING FAIR DIABETES & KIDNEY EXPO

**Wed., November 4<sup>th</sup>, 2009 ~ 9-11:30am**

Information from more than 20 health care organizations, service providers and companies will be available in our auditorium and representatives will be on hand to answer your questions.!

The National Kidney Foundation will also conduct free Kidney Health Screenings from **9:00am-1:30pm**. **KEEP** (Kidney Early Evaluation Program) is designed to identify and educate people at risk – those with diabetes, high blood pressure or a family history of kidney disease. Pre-registration is required by calling 978-983-8825.



## MEMORIALS

*Memorials have been received in memory of:*



**Barbara Healey  
Joyce Hines  
Joseph Reid, Jr.  
Sophie M. Stempo**

Memorial monies received to the Methuen Senior Activity Center will be used for special memorial items only.

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Memorial cards are available at the Center Office and from your funeral director.

## **EZ TRANS RIDERS**

Financial assistance is available for the purchase of EZ Trans transportation tickets through the Methuen Council on Aging's grant funded by HUD. Methuen senior residents who use the EZ Trans program are encouraged to apply for reduced fare (*1/2 price*) ticket books available only through the Methuen Council on Aging. Methuen seniors must be income eligible and provide proof of household income to participate. For more info, stop by the office or call 978-983-8825.

## FUNDRAISING ☺

*Please help our efforts to keep the Center safe, clean and well-maintained by attending our fund-raising activities!*


While reading this newsletter, you'll notice a smiley face symbol - ☺ - next to several events. This symbol denotes a fundraising activity that will be put toward our estimated \$25K in utilities and repairs this fiscal year! Additionally, always remember to patronize our Thrift & Gift Shops, specially scheduled Jewelry Sales and the on-going 50/50 Club Raffle as we depend upon these major fund-raising venues to keep us going! *Thank You!*



## SATURDAY NIGHT

### ☺ BALLROOM DANCING!

*Saturdays 7:30-11:00pm*

- |        |                                                                   |                                                                                     |
|--------|-------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Nov 14 | The Entertainers                                                  |  |
| Dec 5  | Pete Saran                                                        |                                                                                     |
| Dec 19 | The Mel-Tones                                                     |                                                                                     |
| Dec 31 | New Year's Eve Dinner/Dance<br>The Fred Manzi Trio (Tickets: TBA) |                                                                                     |

*Tickets: \$8.00pp available in the office and at the door.*

## **ATTENTION:**

Join the Club... 



## METHUEN SENIOR CENTER 50/50 CLUB ☺



**Three Winners Each Month!**

**Membership \$4.00 per month**

**Must be paid 6 month \$24.00 or 12 months \$48.00**

| <b>\$</b>                          |            | <u>Prize Fund</u>     |                       |                       | <b>\$</b> |
|------------------------------------|------------|-----------------------|-----------------------|-----------------------|-----------|
| <b>50% of Total Monthly Income</b> |            |                       |                       |                       |           |
| # of Members                       | Prize Fund | 1 <sup>st</sup> Prize | 2 <sup>nd</sup> Prize | 3 <sup>rd</sup> Prize |           |
| 100                                | \$200      | \$100                 | \$60                  | \$40                  |           |
| 150                                | 300        | 150                   | 90                    | 60                    |           |
| 200                                | 400        | 200                   | 120                   | 80                    |           |
| 250                                | 500        | 250                   | 150                   | 100                   |           |
| 300                                | 600        | 300                   | 180                   | 120                   |           |
| 350                                | 700        | 350                   | 210                   | 140                   |           |

**For more information, or to join the club,  
Visit the office at 77 Lowell St, Methuen**

*(Your Donation is Tax Deductible)*

Membership \$4.00 per month  
Must be paid 6 months or 12 months

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Donation: \$ \_\_\_\_\_

**6 months = \$24.00      12 months = \$48.00**  
**(Make Check Payable To: MSC 50/50 Club)**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

*(Cut out and mail in your membership today!)*



## **WANTED: Jewelry Sale Items!**

**Donations for the Jewelry Sale Table are always gratefully accepted anytime in the office!**





# NOVEMBER 2009 CALENDAR OF EVENTS

- Tues 3 TRIAD Meeting/Shredding Event. Shredder Day! – If you need to shred your old documents, a large shredder will be available. Meeting at 10:00am. Shredding at 11:00am
- Wed 4 Diabetes Expo/Health Fair and Kidney Screening. 9:00-11:30am.. More details inside.
- Sat 7 Annual Holiday Craft Fair! 9:00am-3:00pm. Public Welcome! Details inside!
- Tues 10 Veteran’s Day Coffee Hour 9:30-10:30am sponsored by the Senior Center!
- Wed 11 Veteran’s Day. Center Closed.
- Thur 12 Informational Health Session: Holiday Coping. Sponsored by Merrimack Valley Hospice. 10:30-11:30am.
- Fri 13 Annual Day of Remembrance. 10:30-11:30am.
- Sat 14 ☺ Sat. Night Ballroom Dancing. 7:30pm.. The Entertainers. \$8.00pp.
- Mon 16 Informational Health Event. sponsored by Holy Family Hospital. Topic: Breast Care. 10:30-12:00n. A light luncheon will be served. Space is limited and pre-registration required.
- Tues 17 Informational Talk: US Census 2010. Speaker: Nancy Gilbert. 10:00am. All are welcome.
- Tues 17 AARP 1:00pm
- Tues 17 Foot Care Clinic. By Appt. Only. \$25.00 fee.
- Wed 18 Stamps available for purchase in lobby. 10:30am
- Wed 18 Free Legal Clinic. Atty. Karol Bisbee. 9-11:00am. Appointment required (15 minutes maximum).
- Wed 18 Methuen Veterans Agent, Tom Hargreaves available to meet with senior veterans. 10:00am
- Thur 19 Birthday Party! 11:30am.
- Tues 24 Fourth Tuesdays. Merrimack Valley Hospice offers information and support for those suffering loss. 10-11:30am.
- T/Th 26/27 Thanksgiving Holiday. Center Closed.
- Mon 30 Meet & Greet Coffee Hour at 11:00am with Lester P. Schindel, President & CEO of Holy Family Hospital. Come enjoy coffee, say hello and hear a little about Caritas Holy Family’s vision for our community!



## COMING SOON...

- Dec. 1 TRIAD Meeting/Shredding Event. Shredder Day! – If you need to shred your old documents, a large shredder will be available. Meeting at 10:00am. Shredding at 11:00am
- Dec 5 ☺ Sat. Night Ballroom Dancing. 7:30pm.. New Life. \$8.00pp.
- Dec 7 Ice Cream Social sponsored by Rep. Linda Dean Campbell. 1:00pm. Music by Dick Arsenault.
- Dec 9 Stamps available for purchase in lobby. 10:00am
- Dec 10 Annual Holiday Open House.
- Dec 15 AARP 1:00pm
- Dec 15 Foot Care Clinic. By Appt. Only. \$25.00 fee.
- Dec 16 Free Legal Clinic. Atty. Karol Bisbee. 9-11:00am. Appointment required (15 minutes maximum).
- Dec 16 Methuen Veterans Agent, Tom Hargreaves available to meet with senior veterans. 10:00am
- Dec 17 Birthday Party! 11:30am.
- Dec 19 ☺ Sat. Night Ballroom Dancing. 7:30pm. The Mel Tones. \$8.00pp.
- Dec 22 Fourth Tuesdays. Merrimack Valley Hospice offers information and support for those suffering loss. 10-11:30am.
- Dec 31 New Year’s Eve Dinner Dance. More info inside!

### REMEMBRANCE DAY CELEBRATION

**Friday, November 13, 2009  
10:30-11:30am**

*Join us for an hour of remembering and celebrating friends and loved ones who have touched our lives in a special way. This informal gathering will be held in the lobby area under the Memorial Chandelier. We encourage everyone to join us and if you'd like, share a special remembrance story of your own! Refreshments will be served.*

### INFORMATIONAL TALK

What: US Census 2010

When: Tuesday, November 17, 2009  
10:00am

Speaker: Nancy Gilbert, Partnership Specialist

Come learn valuable information about the US Census 2010! Census questionnaires will begin arriving in households during February and March. Residents will need to be fill out and return Census questionnaires by April. Census takers will visit households that did not return questionnaires. **EVERY RETURN COUNTS!** It’s important to fill out and return the questionnaire because federal funds are distributed to cities and towns based upon the correct number of residents!

### ANNUAL HOLIDAY OPEN HOUSE

**Thursday, December 10, 2009**

Methuen Senior Activity Center, 77 Lowell St, Methuen

**Happy Hearts Choral Group Performance  
Sport Fan Raffle Drawing  
(Details page 7)**

Donations of non-perishable food items or monetary donations for Lazarus House Ministries will serve as the cost of admission.

Come enjoy a wonderful selection of holiday music and refreshments to celebrate the season!  
Watch for more details to come!

### ***Fourth Tuesdays***

Lois Marra of Merrimack Valley Hospice offers information and support for those suffering loss. Meetings held the fourth Tuesday of each month. 10:00-11:30am. No appointment necessary.

### **BLOOD PRESSURE CLINIC 2009** **2<sup>nd</sup> & 4<sup>th</sup> Tuesdays of the Month ~ 9-11am** **Nov 10 & 24    Dec 8 & 22**

There is no charge for this service, but donations are always welcome!



### **16<sup>th</sup> ANNUAL FESTIVAL OF TREES**

Methuen Festival Of Trees event is coming soon.

**Senior and Red Hat Days are:**

**Saturday & Sunday, Nov. 21 & 22 from  
10:00am-9:00pm.**

Admission is complimentary for seniors and Red Hatters on both days!



### **ATTN: SENIOR HOMEOWNERS**

Free, confidential help from **H.O.M.E.** (Homeowners Options for Massachusetts Elders) is available. Call 1-800-583-5337 or 617-451-0680.

#### **Warning Flags of Foreclosure for Money Managers:**

- Certified notices or registered letters
- Unpaid bills
- Senior doesn't know what type of mortgage he/she has
- Homeowner with an adjustable rate mortgage doesn't know when the next reset is and how much it will be
- Homeowner has refinanced recently or is thinking about refinancing
- Senior has been late on mortgage payment in the past 6 months.





# November 2009

## MONDAY

8:00-9:00  
CHAIR YOGA

9:30-12:00  
JAPANESE BUNKA

9:30-10:30  
MODIFIED  
AEROBICS

9:30-11:30  
NEEDLEARTS

1:00-3:00 BINGO  
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### **EZ Trans**

Assist Van  
685-8767

or for a cab  
1-877-308-7267  
48 Hrs. Advance  
Notice Required  
~~~~~

### **FOOT CARE CLINIC**

Once a month . by  
appt only. \$25.00  
charge.  
Call for schedule.

## TUESDAY

8:00-9:00  
AEROFLEX

9:00-11:30  
12:30-3:00  
CERAMICS

9:15-10:45  
DANCE

9:00-11:00 CLINIC  
2<sup>nd</sup> & 4<sup>th</sup> TUES of the MONTH

8:30-11:30 &  
SHUFFLEBOARD

12:30-3:00  
KNIT & CROCHET  
~~~~~

**Counseling services  
Tuesdays 9-11am**

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**AARP** meets the  
third Tuesday of each  
month. 1:00pm

## WEDNESDAY

8:00-9:00  
WEIGHT TRAINING

9:15-10:15  
MODIFIED  
AEROBICS

9:00-11:00  
11:30-1:30  
COMPUTERS

9:00-11:30  
QUILTING

10:00-12:00  
OIL PAINTING

2:15-3:45  
ADOPT-A-  
GRANDPARENT

~~~~~

### **RIDES FOR MEDICAL APPOINTMENTS**

Call Dorothy, 9-12:00n at  
978-983-8825. A  
minimum of 2 days  
advance notice required.

## THURSDAY

8:00-9:00  
AEROFLEX

9:00-11:00  
11:30-1:30  
COMPUTERS

9:00-11:30  
QUILTING

9:30-12:00  
JAPANESE BUNKA

9:30-10:30  
FITNESS CLASS

12:30-3:30  
BRIDGE

12:30-2:00  
CHORAL GROUP

1:00-3:00  
KNITTING



## FRIDAY

8:00-9:00  
WEIGHT TRAINING

9:30-10:30  
MODIFIED  
AEROBICS

9:00-10:30  
YOGA (On-going)

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Representative Linda  
Dean-Campbell will be  
here Fridays 11:00am-  
12:00pm to address  
questions, concerns &  
comments.  
~~~~~

**PLEASE NOTE:**  
Exercise programs,  
yoga and dance classes  
run continuously  
throughout the year.  
Craft classes run on 10  
week semesters



Our Newsletter & Mailings are  
sponsored in part by Executive  
Office of Elder Affairs,  
One Ashburton Pl.  
Boston, MA 02108



**LUNCH SERVED**  
Monday through Friday ~11:30am  
Call Mornings 978-685-8866  
(Two day advance notice Required)  
Donation: \$2.00

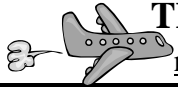


**The GIFT SHOP and  
THRIFT SHOP are open**

Mon-Thur 9:30am-3:30pm  
Fri 9:30-12:30



**THE PUBLIC IS WELCOME!**



**TRAVEL WITH US! Please note:** Tickets must be purchased at time of reservation. Tickets are non-refundable, however, if a wait-list exists, we will make every effort to re-sell your ticket for you.

- Nov.1, 2009. Florida Keys Resort Getaway. 6 days/5 nights, 6 meals, transportation, lodging, airfare. \$1,899pp/do.
- Nov. 4, 2009. Spinelli's Lunch & Show featuring "The Amazing Angelo". \$69.00. 10:30am.
- Nov. 4-11, 2009. French Riviera. Transportation, lodging, 8 days, 10 meals, more! \$2,399pp/do.
- Nov. 5-14, 2009. Hawaiian Adventure: 3 Islands. Transportation, lodging, 10 days, 12 meals, more! \$3,999pp/do.
- Nov. 12-16, 2009. Branson Musical Holiday. Transportation, lodging, 5 days, 5 meals, more! \$1,729pp/do.
- Nov. 29-30, 2009. Christmas at White Mt. Hotel, N. Conway, NH. Transportation, lodging, 3 meals, show, sightseeing, shopping/browsing. \$285pp/do.
- Dec.1, 2009. Mohegan Sun Casino & Cornerstone Theater, Mystic, CT. "Mistletoed". 7:15am. \$61.00pp.
- April 11-17, 2010. Smoky Mountains "Show Trip". 6 nights, tour of National Park, 4 evening shows, 2 morning shows and more! \$565pp/do.
- May 3-7, 2010. Beautiful Vermont. 4 nights, 8 meals, Shelburne Museum, Cold Hollow Cider Mill, Morse Farm, Ben & Jerry's, Vt. Teddy Bear Factory, Dinner Cruise on Lake Champlain with entertainment, more! \$415pp/do.
- July 12-16, 2010. Montreal & Quebec City. 4 nights, 7 meals, guided tours, Monmorency Falls, St. Anne de Beupre Shrine, Notre Dame Basilica, Olympic Park, Casino de Montreal, visit Underground City, more! \$569pp/do.
- August 11-19, 2010. Trains of the Colorado Rockies. 9 days, 12 meals. So much to see! \$2,399pp/do.
- Sept 20-29, **2010**. Oberammergau Passion Play 10 day Alpine Europe Tour - Austria, Italy, Switzerland & Germany.
- Oct 9-16, 2010. Canada & New England Cruise aboard the Norwegian Spirit. 3 meals/day, nightly shows, 4 star accommodations, 6 ports of call sailing from Boston. Inside cabins starting at \$1019pp/do.
- Oct. 26-Nov.3, 2010. Beijing City Stay. 9 days, 15 meals. Includes air taxes and fees/surcharges. Beijing Zoom, Peking Opera, The Great Wall, Rickshaw Tour, and more. \$2,299pp/do.
- Nov 2-9, 2010. Country Roads of Italy. 8 Days. Round trip airfare, 9 meals, professional tour director, motorcoach transportation – Florence, Assisi, Pisa, Lucca, Siena, Tuscany, Rome, more! \$2699 pp/do.



### FREE LEGAL ASSISTANCE



Karol Bisbee, Elder Law Attorney will hold a free legal clinic every third Wednesday of the month from 9:00-11:00am. Appointments made on a first come-first served basis and limited to 15 minutes.

**N.E.E.T. NEWS: *Sincere Appreciation!***

The Northern Essex Elder Transport Program (N.E.E.T.) recently honored volunteers who transport seniors to doctor visits and medical treatments. In Methuen, we join N.E.E.T. in recognizing and thanking Dorothy Zazopoulos, Program Coordinator and the wonderful volunteers who have driven hundreds of miles and provided more than 200 rides during the past year alone for Methuen Seniors!

**Roland Glaude** ~16 years    **Robert Andrews** ~13 years    **Joanne Bryant** ~5 years    **Barbara Darling** ~5 years

**Happy Birthday**

Best wishes to everyone who celebrated a birthday during the month of October...



<b>Marion Berry</b>	<b>Georgette Halaby</b>	<b>Ida Bardwell</b>
<b>Ida Leone</b>	<b>Eileen Monahan</b>	<b>Gloria Kirane</b>
<b>Al Ganem</b>	<b>Marion McQuade</b>	<b>Leo Kirane</b>
<b>Roland Glaude</b>	<b>Barbara Darling</b>	<b>Jerry Donovan</b>
	<b>Claire Cavanaugh</b>	

Do you have a birthday this month? Sign up for the birthday lunch on Nov. 19, 2009. Reservations must be made no later than 12:00 noon on Nov. 17<sup>th</sup>. Call 978-983-8825. In the meantime, we wish you...

***Happy Birthday!!!***

**50/50 CLUB WINNERS** ☺

Congratulations to the **October 2009** winners

<b>\$</b>	<b>Margaret Hickey</b>	<b>\$ 193.80</b>	<b>\$</b>
	<b>Maria Aprile</b>	<b>\$ 116.28</b>	
	<b>Pauline Masse</b>	<b>\$ 77.52</b>	

If you haven't joined the club yet, it's not too late! Enrollment forms are available in the office 6 months (\$24.00) or 12 months (\$48.00). Three chances to win each month! Sign up today!

***IN APPRECIATION!***

Special thanks to all who contributed to the programming and services at the Senior Center in October including: Jeanne & Joe Pappalardo, guest MC's of the Happy Hearts Choral Big Show held in September; Lois Marra of Merrimack Valley Hospice for a 2 part Aging Gracefully health program as well as the monthly Fourth Tuesday program; Mayor Manzi for a delicious Ice Cream Social and Pancake Breakfast for Methuen seniors; Larry Giordano for teaching us Self Defense with Canes; Holy Family Hospital for sponsoring a Respiratory Therapy informational health talk; Northeast Rehab for valuable "balance" information; the Methuen Health Dept., nurses and volunteers for two very busy Flu Shot clinics; the Methuen Fire Dept for a delicious senior Spaghetti Supper; Target Pharmacy's 3 pharmacists who conducted a Brown Bag check; Dr. Kevin Berry for valuable Diabetes & Heart information; Carissa Drew of Webber-Shandwich, CVS Pharmacy and Joan Hatem Roy of ESMV for a very informative Medicare Part D presentation; Joyce Campagnone, City Councilor at Large Candidate for offering a coffee hour; Councilor Jeanne Pappalardo for hosting a really fun Halloween Party; and Atty Karol Bisbee for continued free monthly Legal Clinic.

November promises to be every bit as busy around here, so join us! There's always something going on!

***Thank You All!***



**CAMPBELL'S SOUP LABELS**



Campbell soup labels and General Mills "Box Tops For Education" labels are collected year round. The labels are delivered to local schools to be traded in for new classroom supplies! All you have to do is cut out the "Point Value" symbol or the UPC label from the back of Campbell's products and the "Box Tops For Education" symbols off General Mills products and drop them off here at the center. It's so easy and a great way to help the children in our community! Thanks.

**BUTTON CELL BATTERY RECYCLING**

Help protect the environment! A button cell battery collection box is available in our lobby. Types of batteries that can be deposited include:



hearingaids, watches, cameras, calculators and some toys.

**SHARE A TIP** by Dora Atkinson

- Don't chop carrots before cooking. The anti-cancer benefits of this vegetable increase by 25% when cooked whole!
- Give thanks, get an uplifting boost! Research reveals that saying "thank you" (to a sales clerk, co-worker, spouse, etc.) triggers changes in the connections in the brain that make you feel merrier and more satisfied and even make you want to smile more!
- A laundry basket in your trunk comes in handy for holding groceries steady so they don't tip over and spill out on the trip home.



Have you made your New Year's  
Eve Plans Yet?

Join us!


Space Is Limited - Tickets  
Available In The Office



## New Year's Eve Dinner/Dance

**Thursday, December 31,  
2009**

Methuen Senior Activity Center, 77  
Lowell St. Methuen

 **Complete Dinner with Wine 7:00pm**

Menu by: *Castle Caterers*

Italian Minestone Soup ~ Tossed

Garden Salad


Rolls & Butter

**King Arthur's Roast Beef**

**Oven Brownd Potatoes, Mixed**

**Garden Vegetables**

Strawberry Shortcake


**Dancing 8:30-12:30am** 

**Music by: The Fred Manzi Trio**

**BYOB ~ Favors/Champagne ~ No  
Refunds**

\$50.00 per person ~ Doors open at  
6:30pm ~ Public Invited!

## INFORMATIONAL HEALTH TALK

What: Breast Care Talk & Light Luncheon 

When: Monday, November 16, 2009  
10:30-12:00n

Where: Methuen Senior Center - Lower Lounge

Host: Holy Family Hospital - Presented by Brenda,  
Breast Health Navigator and Joanne, Breast  
Health Specialist

Space is limited so pre-registration is required.  
Call 978-983-8825!

*Sports  
Fan*

*Alert!*

Are you looking for the perfect gift for the  
"hard-to-buy-for" person on your gift list?  
Well, look no more! Enter for your chance to  
win... just in time for holiday gift giving!

**Autographed Photograph  
Paul Pierce Hits Game Winning Shot  
March 12, 2006  
Boston Celtics vs. Denver Nuggets  
#3173 of 3600 Released Pictures**

**Autographed Red Sox Baseball  
Jason Veritek - #33**

Raffle chances are available at the  
Methuen Senior Activity Center,  
77 Lowell St, Methuen

Tickets are \$1.00 each or 6 for \$5.00  
Drawing to be held at our Annual  
Holiday Open House  
on December 10<sup>th</sup>!

## COFFEE TIME!



Mon., November 30, 2009 ~ 11:00am  
Come meet Lester P. Schindel, President & CEO  
of Holy Family Hospital. Enjoy coffee and  
pastry, say hello and hear a little about  
Caritas Holy Family's vision for our community!