



METHUEN ELDER AFFAIRS
Methuen Activity Center
77 Lowell Street, Methuen, MA 01844
(978)983-8825
Monday through Thursday ~ 8:00am – 4:00pm
Friday ~ 8:00am – 12:30pm

MARCH 2011

STAFF

Corinne C. LaCharite, Executive Director
Department Head
Linda Sheehan, Administrative Assistant
Lynneanne Moss, Head Clerk
Susan Foster, Activity Coordinator
Elena Ganem, Office Support

COUNCIL ON AGING

Monica Pitman, Chairman
Elena Ganem, Secretary
Mary Jane Beaulieu, Vice Chair
Leo Kirane, Treasurer
Louise Flynn, Honorary
Elaine Morissette
Alfred D'Agata
Charlotte Blood

SERVICE STAFF

BENEFITS COUNSELING / SHINE Volunteer
Beverly Bradley

GIFT SHOP
Barbara Skinner, Manager

HEALTH CLINIC (VNA)
Jan Giles, RN

MEALS ON WHEELS/NUTRITION PROGRAM
Maureen Donovan

OUTREACH / SUPPORT SERVICES
Louise Edelblute, RN

SENIOR READERS IN SCHOOLS
Linda Sheehan, Susan Foster

TELEPHONE REASSURANCE

THRIFT SHOP
Lilian Zakia

TRIPS
Susan Foster
Elena Ganem

VOLUNTEER MEDICAL TRANSPORTATION
Dorothy Zazopoulos

VOLUNTEER SERVICES/FRIENDLY VISITOR
Linda Sheehan
Dorothy Zazopoulos

GREETINGS FROM THE COUNCIL ON AGING

The Methuen Council on Aging consists of a seven member board appointed by the Mayor and approved by the City Council. The Council on Aging's main objectives are: (1) To advocate on behalf of the Methuen elderly population in addressing their needs by identifying and developing community resources of assistance. (2) To set policy for the operation of the Senior Center (3) To provide information, referral, outreach, nutrition and health services in cooperation with other City Departments and area agencies. (4) To enhance the quality of life for Seniors and the Community by providing educational, recreational, cultural programs and activities.

Join us for an  

IRISH CELEBRATION

Thursday, March 10, 2011 ~ 1:00-3:00pm

at Methuen Senior Activity Center featuring:
A Traditional Corned Beef & Cabbage Dinner
prepared by Mike's Catering – Sweetheart Inn
entertainment by The Happy Heart Choral Group
with Guest MC: John Molori

Tickets: \$15.00pp 

Don't miss this one... after all,
Everyone is Irish on St. Patrick's Day!



SOCIAL GROUPS

AARP
Loretta Andrade

BEANO
Phyllis Hutton

BRIDGE GROUP
Jennie Santacroce

SATURDAY NIGHT BALLROOM DANCE
Elena Ganem, Manny Quintal

SHUFFLEBOARD GROUP

IN APPRECIATION...Special thanks to all who contributed to the programming and services at the Senior Center in February including; the students & faculty of Presentation of Mary Academy for hosting a wonderful Valentine's Dance; Dr. Nancy Emerson Lombardo for an informative talk on good foods for a healthy brain; Linda Soucy for Fuel Assistance application help; the Methuen Red Hat Society for hosting an afternoon tea and singer Robyn Steriti for the entertainment; Senior Whole Health for keeping our minds limber with "Mind Games"; Lois Marra of Merrimack Valley Hospice continued grief support; Atty Karol Bisbee for continued free monthly Legal Clinic.

Visit with us again this month. There's a lot coming up.
Come be part of it all!

FREE LEGAL ASSISTANCE. Karol Bisbee, Elder Law Attorney will hold a free legal clinic every third Wednesday of the month from 9:00-11:00am. Appointments made on a first come-first served basis, limited to 15 minutes.



MEMORIALS

Memorials have been received in memory of:

**Emil Ameen
Paul Bouchard
Cecilia Blazavitch
Patricia K. Clarke
Barbara Lattin**



**Louis Letizio
Beatrice A. Morel
Cecile Paquin
Lisa Roeger**

Memorial monies received to the Methuen Senior Activity Center will be used for special memorial items only.

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Memorial cards are available at the Center Office and from your funeral director.

**ATTENTION:  
EZ TRANS RIDERS**



Financial assistance is available for the purchase of EZ Trans transportation tickets through the Methuen Council on Aging's grant funded by HUD. Methuen senior residents who use the EZ Trans program are encouraged to apply for reduced fare (*1/2 price*) ticket books available only through the Methuen Council on Aging. Methuen seniors must be income eligible and provide proof of household income to participate. For more info, stop by the office or call 978-983-8825.

**50/50 CLUB WINNERS ☺**

Congratulations to the **February 2011** winners

|           |                        |                  |           |
|-----------|------------------------|------------------|-----------|
| <b>\$</b> | <b>Vivian Rozzi</b>    | <b>\$ 172.90</b> | <b>\$</b> |
|           | <b>Lorraine Peters</b> | <b>\$ 103.74</b> |           |
|           | <b>Joseph Coco</b>     | <b>\$ 69.16</b>  |           |

If you haven't joined the club yet, it's not too late!  
Enrollment forms are available in the office 6 months (\$24.00) or 12 months (\$48.00).  
Three chances to win each month! Sign up today!

**FUNDRAISING ☺**

Please help our efforts to keep the Center safe, clean and well-maintained by attending our fund-raising activities!

While reading this newsletter, you'll notice a smiley face symbol - ☺ - next to several events. This symbol denotes a fundraising activity sponsored by our non-profit Methuen Senior Activity Center Inc. Committee. Those privately raised funds will be put toward our estimated \$25K in utilities and repairs this fiscal year! Also, please remember to patronize our Thrift & Gift Shops, specially scheduled Jewelry Sales and the on-going 50/50 Raffle as we depend upon these major fund-raising venues to keep us going!

**Thank You!**

**BLOOD PRESSURE CLINIC**

**2<sup>nd</sup> & 4<sup>th</sup> Tuesdays of the Month ~ 9-11am**

**This Month: March 8 & March 22, 2011**

There is no charge for this service, but donations are always welcome!



**Join the Club...  
METHUEN SENIOR CENTER 50/50 CLUB ☺**



**Three Winners Each Month!**

**Membership \$4.00 per month**

**Must be paid 6 month \$24.00 or 12 months \$48.00**

|              |            | <b>Prize Fund</b>                  |                       |                       |
|--------------|------------|------------------------------------|-----------------------|-----------------------|
|              |            | <b>50% of Total Monthly Income</b> |                       |                       |
| # of Members | Prize Fund | 1 <sup>st</sup> Prize              | 2 <sup>nd</sup> Prize | 3 <sup>rd</sup> Prize |
| 100          | \$200      | \$100                              | \$60                  | \$40                  |
| 150          | 300        | 150                                | 90                    | 60                    |
| 200          | 400        | 200                                | 120                   | 80                    |
| 250          | 500        | 250                                | 150                   | 100                   |
| 300          | 600        | 300                                | 180                   | 120                   |
| 350          | 700        | 350                                | 210                   | 140                   |

**For more information, or to join the club,  
Visit the office at 77 Lowell St, Methuen**

*(Your Donation is Tax Deductible)*

**Membership \$4.00 per month  
Must be paid 6 months or 12 months**

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Donation: \$ _____

**6 months = \$24.00 12 months = \$48.00
(Make Check Payable To: MSC 50/50 Club)**

Date: _____

Name: _____

Address: _____

(Cut out and mail in your membership today!)



MARCH 2011 CALENDAR OF EVENTS

- Tues 8 Informational Health Discussion to include such topics as Rheumatoid Arthritis, Gout, Osteoporosis, Scleroderma and Lupus. Speaker: Dr. Oak of New England Neurological. 1:00pm. All are welcome!
- Wed 9 Postage Stamps available for purchase in the lobby. 10:30am.
- Thurs 10 Irish Celebration. Entertainment, Corned beef & cabbage dinner. \$15.00. 1:00pm. Details pg 1.
- Fri 11 Fuel Assistance. 9-11:00am. By appointment only.
- Sat 12 ☺ Sat. Night Ballroom Dancing. The Fred Manzi Trio. 7:30pm. \$8.00pp.
- Tues 15 Foot Care Clinic. 1:00pm. By appt only. \$25 fee
- Tues 15 AARP Meeting. 1:00pm
- Wed 16 Free Legal Clinic. Atty. Karol Bisbee. 9-11:00am. Appointment required (15 minutes maximum).
- Wed 16 Informational Health Talk: Sleep Lecture. 10:30am Speaker: Andy Desrosier of Caritas Holy Family Hospital Sleep Lab. *(Tentatively scheduled. Watch for developing details).*
- Thur 17 Birthday Party. 11:30am.
- Tues 22 Musical Performance by John Root. 1:00pm. Refreshments. Sponsored by Methuen Arts Lottery Council.
- Wed 23 Informational Health Talk: Understanding Chronic Pain. Speaker: Dr. Costanzo of Caritas Holy Family Hospital. 10:30am.
- Wed 23 "Mind Games" Fun trivia to keep your mind active. 12:30-2:00pm. Sponsored by Senior Whole Health.
- Thurs 24 Day Trip: Foxwoods Casino. 6:30am. \$25.00pp.
- Sat 26 ☺ Sat. Night Ballroom Dancing. The Enterainers. 7:30pm. \$8.00pp.
- Wed 30 N.A.R.F.E. meeting 2:00pm.



COMING SOON...



- Apr 5 Informational Health Talk: A Matter of Balance. 8 week program. 9:00-11:00am. Sponsored by Elder Services of the Merrimack Valley, Inc. Registration required. Details page 8
- Apr 6 Afternoon Dance with the Dick Kaplan Band. Sponsored by Mayor Manzi and the Methuen Santa Parade Committee. 1:00-3:00pm.
- Apr 9 ☺ Sat. Night Ballroom Dancing. The Mel-Tones. 7:30pm. \$8.00pp.
- Apr 13 Postage Stamps available for purchase in the lobby. 10:30am.
- Apr 18 Patriot's Day. Center Closed.
- Apr 19 "Mind Games" Fun trivia to keep your mind active. 12:30-2:00pm. Sponsored by Senior Whole Health.
- Apr 19 AARP Meeting. 1:00pm
- Apr 19 Foot Care Clinic. 1:00pm. By appt only. \$25 fee
- Apr 20 Free Legal Clinic. Atty. Karol Bisbee. 9-11:00am. Appointment required (15 minutes maximum).
- Apr 21 Birthday Party. 11:30am.
- Apr 22 Good Friday. Center Closed.
- Apr 26 Special Event! Actor Richard Clark presents "And Now... Mark Twain". 1:00pm. Sponsored by the Methuen Arts Lottery Council.
- Apr 27 Senior Prom. Watch for details.
- Apr 28 Day Trip: Foxwoods Casino. 6:30am. \$25pp.
- Apr 30 ☺ Sat. Night Ballroom Dancing. Boots and Company. 7:30pm. \$8.00pp.

FOXWOODS CASINO - Thursdays

March 24 April 28 May 26 June 23
July 28 Aug. 25 Sept. 29 Oct. 27



Bus leaves promptly at 6:30am from the Park & Ride on Pelham St. Price \$25 pp. Non-refundable

Special Musical Event! Tuesday, March 22, 2011 – 1:00pm.

MUSICAL PERFORMANCE BY SINGER/MUSICIAN

JOHN ROOT

At Methuen Senior Activity Center, 77 Lowell St, Methuen

Sponsored by Methuen Arts Lottery Council



John sings, accompanying himself on the piano, and plays flute, clarinet, and saxophone. His repertoire features the best-loved songs of the first five decades of the twentieth century.

Everyone is invited to sing along, and requests for favorite selections are welcome!





“Mind Games”
Wed. March 23, 2011
12:30-2:00pm

Join us for a fun game of trivia designed to keep your mind active and engaged!
 Sponsored by Senior Whole Health.

Mark your calendar for an 8 -week educational health program sponsored by Elder Services of the Merrimack Valley, Inc.



A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

Tuesdays April 5 – May 24, 2011 ~ 9-11:00am
 At Methuen Senior Activity Center, 77 Lowell St, Methuen

This program emphasizes practical strategies to manage falls. You will learn to: view falls as controllable, set goals for increasing activity, make changes to reduce fall risks at home, and exercise to increase strength and balance.

Anyone concerned about falls, interested in improving balance, flexibility and strength, has fallen in the past or restricts their activities because of falling concerns should attend!

Call 978-983-8825 to register!

Dr. Prachaya Nitichaikulvatana, Rheumatologist from New England Neurological Associates will be here at the center on **Tuesday, March 8, 2011 at 1:00pm** for an informational health talk.

Specifically, you will hear about the latest updates and treatments for Rheumatoid Arthritis, Osteoporosis, Gout and other Crystal Diseases, Spondyloarthritis (inflammatory joint disease), Scleroderma and SLE/Lupus.



All are invited. Refreshments will be served.

At Last... Rescheduled from January's snowstorms

Join us for an afternoon with

The Dick Kaplan Jazz Band

Wednesday, April 6, 2011

1:00-3:00pm.

Come enjoy dancing & refreshments!



Performance courtesy of Mayor Manzi and the Methuen Santa Committee

INCOME TAX RETURNS



Tax Assistance is available for Methuen seniors February 1 through through April 13th. Seniors can stop by the senior center office or call 978-983-8825 to schedule an appointment. You will need to bring with you all pertinent information for the current tax year as well a copy of last year's return.

SPECIAL EVENT

Tuesday, April 26, 2011 ~ 1:00pm

“And Now... Mark Twain!”

Keeping History Alive Performance

by Actor Richard Clark


At Methuen Senior Activity Center


Sponsored by the Methuen Arts Lottery Council



“A delightful look at the life and work of America's foremost humorist. This one-person play is full of wit and wisdom and the special brand of storytelling that made him a legend in his own time.”

Saturday Night Ballroom Dancing News!

 Congratulations to the Valentine “Queen” and her “Court”. **Carolyn Ouellet** was presented with a large box of chocolates and tickets to a future dance of her choice. **MaryAnne Taylor** and **Rita Toussaint** were both presented with chocolates!

A great time was had by all! Don't miss the **March 12th St. Patrick's Dance** and your chance to be named “*Mr. MacNamara*”! 



Did you know you can access this & past issues of our newsletter on the internet?

Just go to

www.ci.methuen.ma.us

You'll get the city's home page; on left hand column click on **city**

THE DOCTOR'S IN THE HOUSE

MARCH 2011



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
8:00-9:00 CHAIR YOGA	8:00-9:00 AEROFLEX	8:00-9:00 WEIGHT TRAINING	8:00-9:00 CHAIR YOGA	8:00-9:00 WEIGHT TRAINING
9:30-12:00 JAPANESE BUNKA	9:00-11:30 12:30-3:00 CERAMICS	9:15-10:15 MODIFIED AEROBICS	9:00-11:00 11:30-1:30 COMPUTERS	9:00-10:30 YOGA (On-going)
9:30-10:30 MODIFIED AEROBICS	9:30-11:00 DANCE	9:00-11:00 11:30-1:30 COMPUTERS	9:00-11:30 QUILTING	9:30-10:30 MODIFIED AEROBICS
9:30-11:30 NEEDLEARTS	9:00-11:00 CLINIC 2 nd & 4 th TUES of the MONTH	9:00-11:30 QUILTING	9:30-12:00 JAPANESE BUNKA	9:30-11:30 NEEDLEARTS
1:00-3:00 BINGO ~~~~~	8:30-11:30 & SHUFFLEBOARD	10:00-12:00 OIL PAINTING	9:30-10:30 FITNESS CLASS	~~~~~ State Rep. Linda Dean-Campbell or an aide from her office will be here Fridays 11:00am-12:00pm to address questions, concerns & comments.
EZ Trans Assist Van 685-8767 or for a cab 1-877-308-7267 48 Hrs. Advance Notice Required ~~~~~	12:30-3:00 KNIT & CROCHET ~~~~~ Counseling services Tuesdays 9-11am ~~~~~ AARP meets the third Tuesday of each month. 1:00pm ~~~~~ 4th TUESDAYS Lois Marra, Merrimack Valley Hospice Bereavement Counselor 4th Tuesday of the month, 10:45 am	2:15-3:45 ADOPT-A- GRANDPARENT ~~~~~ Tom Hargreaves of Methuen Veterans Dept. Office Hours 3rd Wednesday of the month. 10-11:30am ~~~~~ LEGAL CLINIC Atty. Karol Bisbee- 3rd Wednesday of the month by appointment	12:30-3:30 BRIDGE	~~~~~ PLEASE NOTE: Exercise programs, yoga and dance classes run continuously throughout the year. Craft classes run on 10 week semesters
FOOT CARE CLINIC Once a month by appt only. \$25.00 charge. Call for schedule.			12:30-2:00 CHORAL GROUP	
			1:00-3:00 KNITTING ~~~~~ RIDES FOR MEDICAL APPOINTMENTS Call Dorothy, 9-12:00n at 978-983-8825. A <i>minimum</i> of 2 days advance notice required	



Our Newsletter & Mailings are sponsored in part by Executive Office of Elder Affairs, One Ashburton Pl. Boston, MA 02108



LUNCH SERVED
Monday through Friday ~11:30am
Call Mornings 978-685-8866
(Two day advance notice Required)
Donation: \$2.00

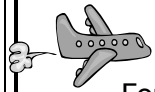


The **GIFT SHOP** and **THRIFT SHOP** are open

Mon-Thur 9:30am-3:30pm
Fri 9:30-12:20



THE PUBLIC IS WELCOME!



TRAVEL WITH US!

NOTICE: Tickets must be purchased at time of reservation. Tickets are non-refundable.

For complete details about trips hosted by the Methuen Senior Activity Center, including participant responsibility, a comprehensive "Trip Policy" outline is posted at the Senior Center and copies are available in the main office. All participants are required to have "Emergency Contact" information on them throughout the trip. Wallet sized "**File of Life**" information packets are available free, in the office, for your convenience!

- April 1-4, 2011. Washington, DC. 3 nights, 5 meals, extensive sightseeing with local tour guide. \$595 pp/do.
- **April 15, 2011. Day Tour: A "Divine" Comedy with lunch at the Johnson & Wales Inn. Belly laughs, blessings, blarney and Bingo with "Fr. Patrick Aloysius Misgivings". \$71pp. 10:00am.**
- April 17-20, 2011. Penn-Dutch Tour including Gettysburg & Hershey. 3 nights, 5 meals, entertainment, sightseeing. \$585pp/do.
- **May 18, 2011. Day Trip: Boston Duck Tour. Lunch at Maggiano's Restaurant. 10:00am. \$79.00pp.**
- May 26-June 3, 2011. Canadian Rockies by Train. \$3,599pp/do.
- June 5-11, 2011. Macinac Island, Michigan. 6 nights, 11 meals, sightseeing. \$1695pp/do.
- **June 14, 2011. Day Trip: The Singing Trooper at White's of Westport, MA. Lunch & Show. 9:30am. \$52.00pp.**
- June 21-24, 2011. Niagara Falls. 3 nights, 3 breakfasts/dinners, entertainment, sight seeing. \$785pp/do.
- **July 18, 2011. Lunch at Danversport Yacht Club and Harbor Cruise in Newburyport. . 10:45am. \$68.00pp.**
- July 18-20, 2011. The Boston Red Sox vs. The Baltimore Orioles at Camden Yards, Baltimore, MD. 3 days/2 nights. 2 breakfasts, lodging, game, tour or historic Philadelphia and visit to US Mint. \$449pp/do.
- **August 12, 2011. Main Lobster Bake at the Clambake Restaurant, Scarborough, ME. 9:30am. \$60.00pp.**
- Sept. 2 -9, 2011. Northern National Parks featuring Jackson, Wyoming, Yellowstone National Park, and the Grand Tetons. \$1,999pp/do
- **Sept. 20, 2011. Day Tour: Salem, Gloucester, Rockport. Visit Salem Witch Museum, Lunch at Victoria Station on Pickering Wharf, 2 hour sightseeing tour of Gloucester and Rockport. Time for browsing galleries and shops. 9:45am. \$63.00pp.**
- Oct. 2-8, 2011. Myrtle Beach. 4 nights lodging, 12 meals, shows, garden visit, sightseeing! \$1285pp/do.
- **Oct. 14, 2011. Day Trip: Leaf Peepers Foliage Trip. Tour Smith's Country Cheese in Winchendon, MA, lunch at The Inn at East Hill, Troy, NH, visit to Alyson's Orchards, Walpole, NH. 8:30am. \$60.00pp.**
- Jan. 25-Feb 2, 2012. Discover Panama: The Land Between the Seas. \$2,699pp/do.

HAPPY BIRTHDAY!

Best wishes to everyone who celebrated a birthday during the month of February...



Anthony Norcia	Roland Smith	Violet Jessel
Sal DiStefano	Barbara D'Agata	Janet Chabot

Do you have a birthday this month? Sign up for the birthday lunch on March 17. Reservations must be made no later than 12:00 noon on March 15th. Call 978-983-8825. In the meantime... **Happy Birthday!**



Jewelry Sale Items!

Jewelry boxes filled with pieces you no longer wear? Consider donating them for the next Jewelry Sale at the Methuen Senior Center! You get a neater jewelry box and the proceeds help the senior center ... what could be better? Donations are always gratefully accepted anytime in the office! THANK YOU!

Lois Marra of Merrimack Valley Hospice offers information and support for those suffering loss. Meetings held the fourth Tuesday of each month. 10:00-11:30am. No appointment necessary.

ATTENTION

Exercise & Dance Participants



In an effort to preserve our auditorium dance floor, please bring a pair of *indoor only* dance/exercise shoes with you to class.

Salt, sand and dirt carried in on outdoor street shoes causes excessive damage to the floor finish.



Thank you for your cooperation!

OTHER HAPPENINGS IN OUR COMMUNITY



The Holy Family Hospital hosts a full course dinner for seniors on the 3rd Wednesday of every month. Cost is \$5.00pp and includes buffet, rolls, salad, dessert, coffee & tea. Guest speakers and light entertainment is provided. Space is limited so **reservations are required**. Call 1-800-488-5959.



CAMPBELL'S SOUP LABELS



Campbell soup labels and General Mills "Box Tops For Education" labels are collected year round. The labels are delivered to local schools to be traded in for new classroom supplies! All you have to do is cut out the "Point Value" symbol or the UPC label from the back of Campbell's products and the "Box Tops For Education" symbols off General Mills products and drop them off here at the center. It's so easy and a great way to help the children in our community!

Fourth Tuesdays

SHARE A TIP by Dora Atkinson



- Inexpensive coffee filters work great as a cover over food in the microwave. They're the perfect size and cheaper to use than paper towels.
- Roast a chicken in a Bundt Pan by sliding the chicken onto the column so it's resting upright. Be sure to put a flat pan underneath to catch the liquids. Fill the rest of the pan with vegetables and bake as usual!
- To keep your cutting board from sliding around while chopping, put a damp paper towel between the board and the counter top. Press down and the board will "stick" in place!



FRIENDS



If you are looking for one more way to help support our mission to provide as many programs and Services as possible and keep our Center safe and looking good... please consider becoming a "Friend". Your \$5.00 donation will be added to a special *Friends Fund* designed to help defray the ever-rising daily operating costs. As a "Friend", you are not required to attend any meetings on a regular basis, however, you will be invited to a special annual meeting where we will share the Center's accomplishments, future goals and provide you with a report on how the *Friends Funds* have been utilized. For more information, stop by the office..

Big Thanks to everyone who has already joined
Our Friends group continues to grow this month...

**Mary Berthold, Tom and Fran Gradzewicz,
Bob & Chris Lavoie, Elaine Theberge**

(Donation period: Jan. 10, 2011 – Feb 16, 2011)

2011 SATURDAY NIGHT DANCING

At Methuen Senior Activity Center

March 12	Fred Manzi Trio (St. Patrick's)
March 26	The Entertainers
Apr 9	The Mel-Tones
Apr 30	Boots & Co.
May 14	The Entertainers
May 28	Fred Manzi Trio
June 11	The Mel-Tones
June 25	Pete Saran – New Life
July 9	Boots & Co.
July 23	The Entertainers
Aug 6	Fred Manzi Trio
Aug 20	The Mel-Tones
Sept 10	Pete Saran – New Life
Oct 1	Boots & Company
Oct 15	The Entertainers
Oct 29	Fred Manzi Trio (Halloween)
Nov 19	The Mel-Tones
Dec 17	Pete Saran – New Life
Dec 31	New Year's Eve Dinner/Dance Fred Manzi Trio (Tickets: TBA)



Dances are from 7:30-11:00pm.
tickets are \$8.00pp available in the office and
at the door. Come in costume for our specially marked
dances! Prizes awarded for best costume.

CONGRATULATIONS!

Thank you to everyone who contributed to
the *Generation to Generation Walkabout*
sponsored by Elder Services of the
Merrimack Valley, Inc. this past fall!
**Congratulations go to Florence Bergeron,
winner of the \$25 cash prize raffle!**