



METHUEN ELDER AFFAIRS
Methuen Activity Center
77 Lowell Street, Methuen, MA 01844
(978)983-8825 ~ www.ci.methuen.ma.us
Monday through Thursday ~ 8:00am – 4:00pm
Friday ~ 8:00am – 12:30pm

JUNE 2011

STAFF

Corinne C. LaCharite, Executive Director
Department Head
Linda Sheehan, Administrative Assistant
Lynneanne Moss, Head Clerk
Susan Foster, Activity Coordinator
Elena Ganem, Office Support

COUNCIL ON AGING

Monica Pitman, Chairman
Elena Ganem, Secretary
Mary Jane Beaulieu, Vice Chair
Leo Kirane, Treasurer
Louise Flynn, Honorary
Elaine Morissette
Alfred D'Agata
Charlotte Blood

SERVICE STAFF

BENEFITS COUNSELING / SHINE Volunteer
Beverly Bradley

GIFT SHOP
Barbara Skinner, Manager

HEALTH CLINIC (VNA)
Jan Giles, RN

MEALS ON WHEELS/NUTRITION PROGRAM
Maureen Donovan

OUTREACH / SUPPORT SERVICES
Louise Edelblute, RN

SENIOR READERS IN SCHOOLS
Linda Sheehan, Susan Foster

TELEPHONE REASSURANCE

THRIFT SHOP
Lilian Zakia

TRIPS
Susan Foster
Elena Ganem

VOLUNTEER MEDICAL TRANSPORTATION
Dorothy Zazopoulos

VOLUNTEER SERVICES/FRIENDLY VISITOR
Linda Sheehan
Dorothy Zazopoulos

SOCIAL GROUPS

AARP
Loretta Andrade

BEANO
Phyllis Hutton

BRIDGE GROUP
Jennie Santacroce

SATURDAY NIGHT BALLROOM DANCE
Elena Ganem, Manny Quintal

SHUFFLEBOARD GROUP

GREETINGS FROM THE COUNCIL ON AGING

The Methuen Council on Aging consists of a seven member board appointed by the Mayor and approved by the City Council. The Council on Aging's main objectives are: (1) To advocate on behalf of the Methuen elderly population in addressing their needs by identifying and developing community resources of assistance. (2) To set policy for the operation of the Senior Center (3) To provide information, referral, outreach, nutrition and health services in cooperation with other City Departments and area agencies. (4) To enhance the quality of life for Seniors and the Community by providing educational, recreational, cultural programs and activities.

IN APPRECIATION...



Special thanks to all who contributed to the Programming and services at the Senior Center in May including; everyone who participated in our Annual Arts, Crafts and Music Festival including Mayor William Manzi, Rep. Linda Dean Campbell, Methuen High School JROTC, the Happy Hearts Chorus, Tom Gradzewicz of MCTV22 for recording the show, and all of the crafters and volunteers (truly a team effort!); the quilting class for donating a lovely blue/green quilt being raffled this month; Pam from Collette Vacations; Atty. Karol Bisbee for an informational caregivers talk as well as the monthly free legal clinic; singer Tommy Rull and the Methuen Arts Lottery Commission for sponsoring his performance; Home Instead for a fun game of trivia; Hal Pierce of ESMV for valuable information on Medicare changes in 2011; the National Kidney Foundation for the "Love Your Kidneys, Know Your Score" program; Pam Ayotte and Northeast Rehab for an informational talk on getting around while traveling; Lois Marra, Merrimack Valley Hospice for continued grief support.

Be sure to stop in and visit often. There's always a lot going on!

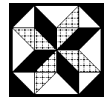
Did you know you can access our newsletter on the internet? Just go to www.ci.methuen.m In the left hand column, click on *city departments*, then click on *senior center*.



FREE LEGAL ASSISTANCE. Karol Bisbee, Elder Law Attorney will hold a free legal clinic every third Wednesday of the month from 9:00-11:00am. Appointments made on a first come-first served basis, limited to 15 minutes.



QUILT RAFFLE



Don't miss your chance to win the beautiful 3 1/2' x 5' hand-made, blue & green quilt donated by the Methuen Senior Activity Center Quilting Class! Chances are \$1.00 each or 6 for \$5.00 available in the office. Raffle winner will be chosen at the end of the month so be sure to stop in soon!

ATTENTION: EZ TRANS RIDERS



Financial assistance is available for the purchase of EZ Trans transportation tickets through the Methuen Council on Aging's grant funded by HUD. Methuen senior residents who use the EZ Trans program are encouraged to apply for reduced fare (1/2 price) ticket books available only through the Methuen Council on Aging. Methuen seniors must be income eligible and provide proof of household income to participate. For more info, stop by the office or call 978-983-8825.

FUNDRAISING ☺

Please help our efforts to keep the Center safe, clean and well-maintained by attending our fund-raising activities!

While reading this newsletter, you'll notice a smiley face symbol ☺ - next to several events. This symbol denotes a fundraising activity sponsored by our non-profit Methuen Senior Activity Center Inc. Committee. Those privately raised funds will be put toward our estimated \$25K in utilities and repairs this fiscal year! Also, please remember to patronize our Thrift & Gift Shops, specially scheduled Jewelry Sales and the on-going 50/50 Raffle as we depend upon these major fund-raising venues to keep us going! **Thank You!**

50/50 CLUB WINNERS ☺

Congratulations to the May 2011 winners

\$	Shirley Cyr	\$ 172.90	\$
	Anthony Leone	\$ 103.74	
	Bernadette Tiani	\$ 69.16	

If you haven't joined the club yet, it's not too late! Enrollment forms are available in the office 6 months (\$24.00) or 12 months (\$48.00). Three chances to win each month! Sign up today!

BLOOD PRESSURE CLINIC

2nd & 4th Tuesdays of the Month ~ 9-11am

This Month: June 14 & June 28, 2011

There is no charge for this service, but donations are always welcome!



Join the Club...

METHUEN SENIOR CENTER 50/50 CLUB ☺



Three Winners Each Month!

Membership \$4.00 per month

Must be paid 6 month \$24.00 or 12 months \$48.00

		Prize Fund		
		50% of Total Monthly Income		
# of Members	Prize Fund	1 st Prize	2 nd Prize	3 rd Prize
100	\$200	\$100	\$60	\$40
150	300	150	90	60
200	400	200	120	80
250	500	250	150	100
300	600	300	180	120
350	700	350	210	140

For more information, or to join the club, Visit the office at 77 Lowell St, Methuen

(Your Donation is Tax Deductible)

**Membership \$4.00 per month
Must be paid 6 months or 12 months**

~~~~~  
**Donation: \$ \_\_\_\_\_**

**6 months = \$24.00      12 months = \$48.00  
(Make Check Payable To: MSC 50/50 Club)**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

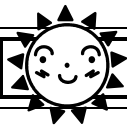
Address: \_\_\_\_\_

*(Cut out and mail in your membership today!)*



## June 2011 Calendar of Events

- Tues 7 Informational Talk: Jamie McKallagat of MVRTA will be here to discuss the new transportation service to Boston Hospitals and Lahey Clinic and answer questions. 12:15pm. Details inside.
- Wed 8 Postage Stamps for sale in the lobby. 10:30am.
- Wed 8 Informational Health Talk: Lifestyle Changes for Stroke Prevention. Speaker: Joanne Desmarais, PT, DPT of Northeast Rehab. 10:30am.
- Sat 11 © Saturday Night Dancing. The Mel-Tones. 7:30pm. \$8.00pp
- Wed 15 Free Legal Clinic. Atty. Karol Bisbee. 9-11:00am. Appointment required (15 minutes maximum)
- Wed 15 Special Health Event: Kidney Screenings. 10-2pm by appt. only. Details inside.
- Thurs 16 Birthday Party! 11:30am.
- Tues 21 AARP Meeting. 1:00pm
- Tues 21 Foot Care Clinic. 1:00pm. By appt only. \$25 fee
- Tues 21 Service to Seniors Award Banquet. 6:30pm. \$7.50pp. Sponsored by Methuen Exchange Club and Methuen Senior Activity Center. All are invited to attend. More details inside!
- Wed 22 Informational Talk: Medicare Fraud Program. 1-2:00pm. Details inside.
- Thurs 23 Day Trip: Foxwoods Casino. 6:30am. \$25pp.
- Sat 25 © Saturday Night Dancing. Pete Saran's New Life. 7:30pm. \$8.00pp



## COMING SOON...



- July 4 Independence Day. Center Closed.
- July 6 Ice Cream Social. Country Line Dancing with Jason McCollin. 1-3:00pm. \$4.00pp.
- July 9 © Saturday Night Dancing. Boots & Company. 7:30pm. \$8.00pp
- July 13 Postage Stamps for sale in the lobby. 10:30am.
- July 19 Foot Care Clinic. 1:00pm. By appt only. \$25 fee
- July 20 Free Legal Clinic. Atty. Karol Bisbee. 9-11:00am. Appointment required (15 minutes maximum)
- July 21 Birthday Party. 11:30am.
- July 23 © Saturday Night Dancing. The Entertainers. 7:30pm. \$8.00pp
- July 28 Day Trip: Foxwoods Casino. 6:30am. \$25pp.



## "RENE J. MORISSETTE" SERVICE TO SENIORS AWARD BANQUET Tuesday, June 21, 2011 ~ 6:30pm

The Methuen Exchange Club and the Methuen Council on Aging proudly present this year's "Rene J. Morissette Service to Seniors Award" to

### ROBERT E, ANDREWS

Bob has been a volunteer driver for the NEET (Northern Essex Elder Transport) program for 15 years! The NEET program consists of volunteer drivers who take other seniors with no means of transportation to and from their medical appointments. Sometimes the drivers will drop off a senior at their appointment and return again later for the return trip. Other times they will stay with them until they are finished. Bob is one of the very special drivers who will even go all the way into Boston! Over the past 15 years, Bob has donated 4,520 hours driving 60,634 miles!!! A very impressive achievement!

Join us as we honor Bob for his outstanding service to seniors. Tickets, available in the office, are \$7.50 per person and include a complete chicken dinner by Mike's Family Catering.

## 2011 SATURDAY NIGHT DANCING

At Methuen Senior Activity Center  
77 Lowell St, Methuen ~ 978.983.8825

- |         |                                                               |
|---------|---------------------------------------------------------------|
| June 11 | The Mel-Tones                                                 |
| June 25 | Pete Saran – New Life                                         |
| July 9  | Boots & Co.                                                   |
| July 23 | The Entertainers                                              |
| Aug 6   | Fred Manzi Trio                                               |
| Aug 20  | The Mel-Tones                                                 |
| Sept 10 | Pete Saran – New Life                                         |
| Oct 1   | Boots & Company                                               |
| Oct 15  | The Entertainers                                              |
| Oct 29  | Fred Manzi Trio (Halloween)                                   |
| Nov 19  | The Mel-Tones                                                 |
| Dec 17  | Pete Saran – New Life                                         |
| Dec 31  | New Year's Eve Dinner/Dance<br>Fred Manzi Trio (Tickets: TBA) |



Tickets available in the office and at the door. Come in costume for our specially marked dances!

## ATTENTION: BIG NEWS FOR EZ TRANS PARTICIPANTS!

The MVRTA will implement a new "Medi-Ride" transportation service for EZ Trans customers for travel to and from Boston and Peabody Medical facilities! This service requires a 7 day minimum (14 day maximum) advance notice reservation. In order to use this service, appointments in Boston should only be made between 11:00am and 1:30pm and at Lahey Clinic between 10:30am and 2:00pm. Rate of fare will be \$8.00 cash one way or \$16.00 cash round trip. Customers may have one companion accompany them for \$4.00 on a space available basis. Persons planning to travel with a companion must state so when making the reservation. Reservations can be made by calling the MVRTA Office of Special Services at 978-469-6878, "Option 3".

Transportation pick up and drop offs for the Greater Lawrence Area will be made every **Tuesday** from:  
**Methuen Senior Activity Center, 77 Lowell St Methuen**  
 Lawrence Council on Aging, 155 Haverhill St Lawrence  
 N.Andover Senior Center, 120 Main St, N. Andover  
 Andover Council on Aging, 36 Bartlet Ave, Andover

Additional transportation from the Greater Haverhill area will be on Mondays and from the Greater Newburyport area on Thursdays.

**Jamie McKallagat of MVRTA will be here on Tuesday June 7 at 12:15pm to discuss this new program and answer your questions! Be sure to stop by!**

- Do you have High Blood Pressure?
- Do you have a family member with Diabetes, High Blood Pressure or Kidney Disease?

If you answered "YES" to any of the above, you are at risk for Chronic Kidney Disease! The National Kidney Foundation serving New England in partnership with Methuen Senior Center is offering a FREE screening on:

**Wednesday, June 15, 2011  
 10:00am-2:00pm**

At Methuen Senior Center, 77 Lowell Street, Methuen

This **free** health screening program is known as **KEEP** - Kidney Early Evaluation Program. KEEP is an early intervention and prevention program designed to identify risk factors for developing kidney disease and inform individuals of these risk.

**KEEP** involves:

- questionnaire – will be mailed to you when you register
- physical body measurements
- blood samples (glucose, kidney function, cholesterol and triglycerides and more)
- urine testing
- consult with a physician

The process will take approximately 30-40 minutes.  
 Space is limited. Registration required!  
 Call Kendall at the NKF at 800-542-4001.

**INFORMATIONAL TALK**



*Presented by Methuen Chapter AARP & Methuen Council on Aging in partnership with Elder Services of the Merrimack Valley, Inc.*

**What:** How to Detect, Protect and Report Healthcare Errors, Fraud and Abuse  
 Healthcare errors cost billions of dollars annually. Become an educated healthcare consumer and protect yourself and your loved ones against Medicare fraud and deceptive marketing tactics.

**When:** Wed. June 22, 2011 ~ 1:00-2:00pm  
**Where:** Methuen Senior Activity Center  
 77 Lowell St., Methuen

**INFORMATIONAL HEALTH TALK**

**What:** Lifestyle Changes for Stroke Prevention  
**When:** Wednesday, June 8, 2011 ~ 10:30a  
**Who:** Joanne Desmarais, PT, DPT  
 Northeast Rehabilitation Hospital  
**Where:** Methuen Senior Activity Center  
 77 Lowell St, Methuen



Did you know... studies show that up to 80% of strokes can be prevented by working with a health-care professional to reduce personal risk? Join us for a presentation outlining risk factors associated with strokes as well as lifestyle guidelines which will help reduce the chance of a stroke.



**National Kidney Foundation  
 KEEP**

- Do you have Diabetes?

**WISH LIST** In continued effort to stretch our budget, donations are always gratefully accepted. Some items on our wish list include: Plastic or paper cups, paper towels, napkins, coffee – both decaf and regular, duct and masking tape solid air fresheners (i.e. Glade or Renuzit) and extra large American flags for our outdoor flag pole! **Thank you!**



# JUNE 2011



## MONDAY

8:00-9:00  
CHAIR YOGA

9:30-12:00  
JAPANESE BUNKA

9:30-10:30  
MODIFIED  
AEROBICS

9:30-11:30  
NEEDLEARTS

1:00-3:00 BINGO  
~~~~~

EZ Trans

Assist Van
685-8767
or for a cab
1-877-308-7267
48 Hrs. Advance
Notice Required
~~~~~

### **FOOT CARE CLINIC**

Once a month  
by appt only.  
\$25.00 charge.  
Call for schedule.

## TUESDAY

8:00-9:00  
AEROFLEX

9:00-11:30  
12:30-3:00  
CERAMICS

9:30-11:00  
DANCE

9:00-11:00 CLINIC  
2<sup>nd</sup> & 4<sup>th</sup> TUES of the MONTH

8:30-11:30 &  
SHUFFLEBOARD

12:30-3:00  
KNIT & CROCHET  
~~~~~

**Counseling services
Tuesdays 9-11am**
~~~~~

**AARP** meets the  
third Tuesday of each  
month. 1:00pm  
~~~~~

4th TUESDAYS
Lois Marra, Merrimack
Valley Hospice
Bereavement Counselor
4th Tuesday of the
month, 10:45 am

WEDNESDAY

8:00-9:00
WEIGHT TRAINING

9:15-10:15
MODIFIED
AEROBICS

9:00-11:30
QUILTING

10:00-12:00
OIL PAINTING

2:15-3:45
ADOPT-A-
GRANDPARENT
~~~~~

Tom Hargreaves of  
Methuen **Veterans** Dept.  
Office Hours  
3rd Wednesday of the  
month. 10-11:30am  
~~~~~

LEGAL CLINIC
Atty. Karol Bisbee-
3rd Wednesday of the
month by appointment



THURSDAY

8:00-9:00
CHAIR YOGA

9:00-11:30
QUILTING

9:30-12:00
JAPANESE BUNKA

9:30-10:30
FITNESS CLASS

12:30-3:30
BRIDGE

12:30-2:00
CHORAL GROUP

1:00-3:00
KNITTING
~~~~~

**RIDES FOR  
MEDICAL  
APPOINTMENTS**  
Call Dorothy, 9-12:00n at  
978-983-8825. A  
minimum of 2 days  
advance notice required



## FRIDAY

8:00-9:00  
WEIGHT TRAINING

9:00-10:30  
YOGA (On-going)

9:30-10:30  
MODIFIED  
AEROBICS

9:30-11:30  
NEEDLEARTS  
~~~~~

State Rep. Linda
Dean-Campbell or an
aide from her office
will be here Fridays
11:00am-12:00pm to
address questions,
concerns & comments.
~~~~~

**PLEASE NOTE:**  
Exercise programs,  
yoga and dance classes  
run continuously  
throughout the year.  
Craft classes run on 10  
week semesters



Our Newsletter & Mailings are  
sponsored in part by Executive  
Office of Elder Affairs,  
One Ashburton Pl.  
Boston, MA 02108



**LUNCH SERVED**  
Monday through Friday ~11:30am  
Call Mornings 978-685-8866  
(Two day advance notice Required)  
Donation: \$2.00



The **GIFT SHOP** and  
**THRIFT SHOP** are open

Mon-Thur 9:30am-3:30pm  
Fri 9:30-12:20



**THE PUBLIC IS WELCOME!**

## TRAVEL WITH US!



**NOTICE:** Tickets must be purchased at time of reservation. Tickets are non-refundable.

For complete details about trips hosted by the Methuen Senior Activity Center, including participant responsibility, a comprehensive "Trip Policy" outline is posted at the Senior Center and copies are available in the main office. All participants are required to have "Emergency Contact" information on them throughout the trip. Wallet sized "**File of Life**" information packets are available free, in the office, for your convenience!

- **June 14, 2011. Day Trip: The Singing Trooper. White's of Westport, MA. Lunch & Show. 9:30am. \$52.00pp.**
- June 21-24, 2011. Niagara Falls. 3 nights, 3 breakfasts/dinners, entertainment, sight seeing. \$785pp/do.
- **July 18, 2011. Lunch at Danversport Yacht Club and Harbor Cruise in Newburyport. . 10:45am. \$68.00pp.**
- July 18-20, 2011. Red Sox vs. Orioles at Camden Yards. 3 days, 2 nights. Includes transportation, lodging, breakfasts, tours and two ballgames! \$449pp/do.
- July 18-20, 2011. The Boston Red Sox vs. The Baltimore Orioles at Camden Yards, Baltimore, MD. 3 days/2 nights. 2 breakfasts, lodging, game, tour or historic Philadelphia and visit to US Mint. \$449pp/do.
- **August 12, 2011. Maine Lobster Bake at the Clambake Restaurant, Scarborough, ME. 9:30am. \$60.00pp.**
- Sept. 2 –9, 2011. Northern National Parks featuring Jackson, Wyoming, Yellowstone National Park, and The Grand Tetons. \$1,999pp/do.
- **Sept. 20, 2011. Day Tour: Salem, Gloucester, Rockport. Visit Salem Witch Museum, Lunch at Victoria Station on Pickering Wharf, 2 hour sightseeing tour of Gloucester and Rockport. Time for browsing galleries and shops. 9:45am. \$63.00pp.**
- Oct. 2-8, 2011. Myrtle Beach. 4 nights lodging, 12 meals, shows, garden visit, sightseeing! \$1285pp/do.
- **Oct. 14, 2011. Day Trip: Leaf Peepers Foliage Trip. Tour Smith's Country Cheese in Winchendon, MA, lunch at The Inn at East Hill, Troy, NH, visit to Alyson's Orchards, Walpole, NH. 8:30am. \$60.00pp.**
- Nov.10-19, 2011. Rome & Amalfi Coast. 10 days, 13 meals, lodging, airfare. \$2,699pp/do.
- Jan. 25-Feb 2, 2012. Discover Panama: The Land Between the Seas. \$2,699pp/do.

### SHARE A TIP by Dora Atkinson

- Instead of packing away your winter boot tray, store it in your car trunk for the summer. It'll keep your trunk clean when transporting summer plants from the garden center to home!
- Use a sponge to fill a gap between your air conditioner and the window frame to keep hot air and insects out!
- An elastic band around the pages of a book makes a great "stay put" book mark and it won't fly away on a windy day at the beach or park!



### Perkins Low Vision Demo Center

If you or someone you know is struggling with vision loss, there is assistance available. The new Perkins Low Vision Demo Center, located on the campus of the Perkins School for the Blind in Watertown, Massachusetts with a satellite office in Amesbury, provides **free** demonstrations and evaluations of the many different assistive devices and technology which can enable an individual with low vision to read the newspaper and labels on food packaging, watch TV, play games, etc. Just call ahead to make an appointment with our highly experienced staff and try some of the devices that can increase independence.

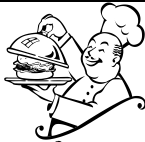
The Demo Center can be reached at 617-972-7308 or by emailing [perkinsproducts@perkins.org](mailto:perkinsproducts@perkins.org).



## Jewelry Sale Items!

Jewelry boxes filled with pieces you no longer wear? Consider donating them for the next Jewelry Sale at the Methuen Senior Center! You get a neater jewelry box and the proceeds help the senior center ... what could be better? Donations are always gratefully accepted anytime in the office! THANK YOU!

## OTHER HAPPENINGS IN OUR COMMUNITY



- **The Holy Family Hospital** hosts a full course dinner for seniors on the 3<sup>rd</sup> Wednesday of every month. Cost is \$5.00pp. Guest speakers and light entertainment provided. Space is limited so **reservations are required**. Call 1-800-488-5959.
- **The Holy Family Hospital** is looking for volunteers who enjoy sewing. Anyone who would like to sew together simple cloth bags should contact Stacey Sherman, Director of Volunteers at 978-687-0156 x2440. All materials will be supplied and the work can be done in your own home or at the hospital. A sewing machine is available for use in the volunteer office if needed.
- **Methuen Health and Rehabilitation Center**, 480 Jackson St, Methuen will host a Bingo / Ice Cream Social on June 15 from 1:30-3:30pm. RSVP by 6/13 to Jackie at 978-691-7645.





## CAMPBELL'S SOUP LABELS


Campbell soup labels and General Mills "Box Tops For Education" labels are collected year round. The labels are delivered to local schools to be traded in for new classroom supplies! All you have to do is cut out the "Point Value" symbol or the UPC label from the back of Campbell's products and the "Box Tops For Education" symbols off General Mills products and drop them off here at the center. It's so easy and a great way to help the children in our community!



*Mark Your Calendar!*  
**ICE CREAM SOCIAL AND  
 COUNTRY MUSIC & DANCE**  
 with Jason McCollin

**Wednesday, July 6, 2011 ~ 1:00-3:00pm**  
*\$4.00pp. Tickets available at the door.*




Congratulations to **Beverly Enos**,  
 our Japanese Bunka instructor,  
 who was recently honored at the  
*YWCA's 22<sup>nd</sup> Annual Tribute to  
 Women Awards Luncheon* for her  
 contribution toward Women's  
 Empowerment.  
 Kudos on this most well deserved  
 recognition!


**Fourth Tuesdays.** Lois Marra of Merrimack Valley  
 Hospice offers information and support for those  
 suffering loss. Meetings held the fourth Tuesday of each  
 month. 10:00-11:30am. No appointment necessary

**FOXWOODS CASINO - Thursdays**  
**June 23 July 28 Aug. 25 Sept. 29 Oct. 27**

Bus leaves promptly at 6:30am from the Park &  
 Ride on Pelham St. Price \$25 pp. Non-refundable

**FRIENDS**




If you are looking for one more way to help support our mission to provide as many programs and Services as possible and keep our Center safe and looking good... please consider becoming a **"Friend"**. Your \$5.00 donation will be added to a special **Friends Fund** designed to help defray the ever-rising daily operating costs. As a **"Friend"**, you are not required to attend any meetings on a regular basis, however, you will be invited to a special annual meeting where we will share the Center's accomplishments, future goals and provide you with a report on how the **Friends Funds** have been utilized.

Big Thanks to everyone who has already joined  
 Our Friends group continues to grow this month...

**Marilyn Azziz, Mary Jane Beaulieu, Victor Castrios,  
 Nancy Donigan, Jeanette Donnelly, Louise Flynn,  
 Jennifer Kannan, Caroline Pelletier, Claire Whicher  
 and several anonymous donors**

*(Donation period: April 15 - May 15,  
 2011)*

**HAPPY BIRTHDAY!**



Best wishes to everyone who celebrated a birthday during the month of **May**...

**Billie Richter Yvonne Lafitte Connie Grew  
 Stella Azzarelli Beverly Bradley Ann Lavoie  
 Linda Sheehan George Hargreaves**

Do you have a birthday this month? Sign up for the birthday lunch on June 16<sup>th</sup>. Reservations must be made no later than 12:00 noon on June 14<sup>th</sup>. Call 978-983-8825. In the meantime... **Happy Birthday!**

*June 15 is World Elder Abuse Awareness Day*  
**Wear your Purple!**  
 Show you care about ending Elder Abuse & Neglect  
 Sponsored by the Essex County TRIAD, Elder Justice Network,  
 and the International Network for the Prevention of Elder Abuse