



METHUEN ELDER AFFAIRS
Methuen Activity Center
77 Lowell Street, Methuen, MA 01844
(978)983-8825
Monday through Friday ~ 8:00am – 4:00pm

JUNE 2009

STAFF

Corinne C. LaCharite, Executive Director
Department Head
Linda Sheehan, Administrative Assistant
Lynneanne Moss, Head Clerk
Susan Foster, Activity Coordinator
Elena Ganem, Office Support

COUNCIL ON AGING

<i>Elena Ganem, Secretary</i>	<i>Monica Pitman, Chairman</i>	<i>Elaine Morissette</i>
<i>Leo Kirane, Treasurer</i>		<i>Alfred D'Agata</i>
<i>Charlotte Blood</i>		<i>Mary Jane Beaulieu</i>
<i>Louise Flynn, Honorary</i>		

GREETINGS FROM THE COUNCIL ON AGING

The Methuen Council on Aging consists of a seven member board appointed by the Mayor and approved by the City Council. The Council on Aging's main objectives are: (1) To advocate on behalf of the Methuen elderly population in addressing their needs by identifying and developing community resources of assistance. (2) To set policy for the operation of the Senior Center (3) To provide information, referral, outreach, nutrition and health services in cooperation with other City Departments and area agencies. (4) To enhance the quality of life for Seniors and the Community by providing educational, recreational, cultural programs and activities.

SERVICE STAFF

BENEFITS COUNSELING / SHINE Volunteer
Beverly Bradley

GIFT SHOP
Barbara Skinner, Manager

HEALTH CLINIC (VNA)
Jan Giles, RN

MEALS ON WHEELS/NUTRITION PROGRAM
Maureen Donovan

OUTREACH / SUPPORT SERVICES
Louise Edelblute, RN

SENIOR READERS IN SCHOOLS
Linda Sheehan, Susan Foster

TELEPHONE REASSURANCE

THRIFT SHOP
Lilian Zakia

TRIPS
Susan Foster
Elena Ganem

VOLUNTEER MEDICAL TRANSPORTATION
Dorothy Zazopoulos

VOLUNTEER SERVICES/FRIENDLY VISITOR
Linda Sheehan
Dorothy Zazopoulos

SOCIAL GROUPS

AARP
Celeste McDonald DiFruscia

BEANO
Phyllis Hutton

BRIDGE GROUP
Mary Letizio

SATURDAY NIGHT BALLROOM DANCE
Elena Ganem, Manny Quintal

SHUFFLEBOARD GROUP

IN APPRECIATION!



Special thanks to all who contributed to the Programming and services at the Senior Center in April including: Lt. Kevin Martin for session 1 of the 6 part TRIAD sponsored safety series who discussed Scams and Personal Safety; Capt. Mike Buote for session 2 covering Fire Prevention and Home Safety; AAA for session 3 covering Safe Driving For Seniors and Methuen Health Dept/Emergency Mgmt. for part 4 covering Emergency Preparedness; Atty Robert Kelley, Register of Deeds for valuable information on Homestead Act; EVERYONE (guests, participants, teachers, and the many, many volunteers) who helped with the Annual Arts Crafts & Music Festival as well as the Happy Hearts Choral Group and the children of Chapel Kindergarten for two excellent musical performances; the nearly 30 volunteers who took turns preparing the May newsletter for mailing; the Methuen Senior Center Trustees for sponsoring the ice cream social in honor of Older Americans Month; Beltone for sponsoring a free hearing screening; Tallman Eye Associates for sponsoring a free eye screening; Atty Faith Delaney for presenting an informational "legal checkup"; Target Pharmacy for sponsoring a Brown Bag Medication Check; Atty. Karol Bisbee for continued free monthly legal clinic.

Be sure to join us again this month... **Thank You All!**



Mark Your Calendar!
COUNTRY MUSIC & DANCE
With DJ Jason McCollin
Thursday, June 4, 2009 ~ 1:00-3:00pm



Tickets: \$2.00pp. Refreshments.

☺ **Wanted: Jewelry Sale Items!**

Donations for the Jewelry Sale Table are always gratefully accepted anytime in the office!



MEMORIALS

Memorials have been received in memory of:



**Doris Bradish
Stephen A. Carelli
Joseph Laudani
Ada Price
Joan Rogers**

Memorial monies received to the Methuen Senior Activity Center will be used for special memorial items only.

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Memorial cards are available at the Center Office and from your funeral director.



**SATURDAY NIGHT  
☺  
BALLROOM DANCING!**

**Saturdays 7:30-11:00pm**

- June 6 The Mel-Tones
- June 20 Fred Manzi Trio
- July 11 Boots & Co.
- July 25 The Entertainers
- Aug 8 Pete Saran - New Life (Hawaiian Night)
- Sept 12 The Mel-Tones
- Oct 3 The Fred Manzi Trio
- Oct 24 Boots & Co (Halloween)
- Nov 14 The Entertainers
- Dec 5 Pete Saran
- Dec 19 The Mel-Tones
- Dec 31 New Year's Eve Dinner/Dance



The Fred Manzi Trio (Tickets: TBA)

*Tickets: \$8.00pp available in the office and at the door.*

**ATTENTION:  
EZ TRANS RIDERS**



Financial assistance is available for the purchase of EZ Trans transportation tickets through the Methuen Council on Aging's grant funded by HUD. Methuen senior residents who use the EZ Trans program are encouraged to apply for reduced fare (1/2 price) ticket books available only through the Methuen Council on Aging. Methuen seniors must be income eligible and provide proof of household income to participate. For more info, stop by the office or call 978-983-8825.

**Informational Talk: Tax Exemptions**  
City Assessor, John Cena will present an informational talk on Tax Exemptions Thursday, June 25, 2009 at 10:00am. All are welcome to attend!



**FUNDRAISING ☺**

**Please help our efforts to keep the Center safe, clean and well-maintained by attending our fund-raising activities!**

While reading this newsletter, you'll notice a smiley face symbol - ☺ - next to several events. This symbol denotes a fundraising activity that will be put toward our estimated \$25K in utilities and repairs this fiscal year! Additionally, always remember to patronize our Thrift & Gift Shops, specially scheduled Jewelry Sales and the on-going 50/50 Club Raffle as we depend upon these major fund-raising venues to keep us going! *Thank You!*



**Join the Club...**

**METHUEN SENIOR CENTER 50/50 CLUB ☺**



**Three Winners Each Month!**

**Membership \$4.00 per month**

**Must be paid 6 month \$24.00 or 12 months \$48.00**

|              |            | <b>Prize Fund</b>                  |                       |                       |
|--------------|------------|------------------------------------|-----------------------|-----------------------|
|              |            | <b>50% of Total Monthly Income</b> |                       |                       |
| # of Members | Prize Fund | 1 <sup>st</sup> Prize              | 2 <sup>nd</sup> Prize | 3 <sup>rd</sup> Prize |
| 100          | \$200      | \$100                              | \$60                  | \$40                  |
| 150          | 300        | 150                                | 90                    | 60                    |
| 200          | 400        | 200                                | 120                   | 80                    |
| 250          | 500        | 250                                | 150                   | 100                   |
| 300          | 600        | 300                                | 180                   | 120                   |
| 350          | 700        | 350                                | 210                   | 140                   |

**For more information, or to join the club,  
Visit the office at 77 Lowell St, Methuen**

*(Your Donation is Tax Deductible)*

**Membership \$4.00 per month  
Must be paid 6 months or 12 months**

~~~~~  
Donation: \$ _____

**6 months = \$24.00 12 months = \$48.00
(Make Check Payable To: MSC 50/50 Club)**

Date: _____

Name: _____

Address: _____



(Cut out and mail in your membership today!)



JUNE 2009 CALENDAR OF EVENTS

- June 2 Informational Safety Series. 9:30-11:00am. Essex County D.A.'s Office & Sheriff's Dept. will discuss ID Theft & Proper Disposal of Medications.. (Part 5 of 6). Details inside.
- June 3 Musical concert by Ruth Harcovitz performing "Broadway Cavalcade". 1:00pm. Free. All are welcome. Sponsored by Methuen Cultural Council and River Bay Club.
- June 4 Country Line Dance with Jason! 1:00-3:00pm. Ticket price: \$2.00pp.
- June 6 ☺ Sat. Night Ballroom Dancing. The Mel Tones. 7:30pm. \$8.00pp.
- June 8 Informational Talk: Stroke Risk Factors. Sponsored by Northeast Rehab. 10:30-11:30am.
- June 9 Informational Safety Series (part 6 of 6). Senior morning at Methuen Police Dept. Details inside.
- June 10 Stamps. Postage stamps available for purchase in lobby area. 10:30am.
- June 13 Dance! Music by DJ's Dick & Diane! 1-4:00pm. Refreshments. \$5.00pp.
- June 16 Foot Care Clinic. By Appt. Only. \$25.00 fee.
- June 16 AARP Meeting. 1:00pm
- June 17 Methuen Veterans Agent, Tom Hargreaves will be available at the Center to meet with senior veterans. 10:00am.
- June 17 Free Legal Clinic. Atty. Karol Bisbee. 9-11:00am. Appointment required (15 minutes maximum).
- June 17 45's Tournament! "Us" vs. "Them". 1-3:00pm Seniors vs. Methuen Police Dept!.. Sign up in the office!
- June 18 Birthday Party! 11:30am.
- June 20 ☺ Sat. Night Ballroom Dancing. Fred Manzi Trio. 7:30pm. \$8.00pp.
- June 23 Rene J. Morissette Service to Seniors Award Banquet. Honoree: Charlotte Blood. 6:30pm. \$7.50pp. Details inside!
- June 25 Day Trip: Foxwoods Casino. 6:30am. \$25.00pp.
- June 25 Informational Talk: Tax Exemptions. Speaker: John Cena, City Assessor. 10:00am.



COMING SOON...

- July 3 Independence Day Holiday. Center Closed.
- July 8 Stamps. Postage stamps available for purchase in lobby area. 10:30am.
- July 11 ☺ Saturday Night Ballroom Dancing. Boots & Company. 7:30pm. \$8.00pp.
- July 14 Ice Cream Social. Sponsored by Mayor Manzi. 1-3:00pm.
- July 15 Methuen Veterans Agent, Tom Hargreaves will be available at the Center to meet with senior veterans. 10:00am.
- July 16 Birthday Party. 11:30am.
- July 21 BBQ Lunch Program Event. Pre-registration required! Suggested donation: \$2.00pp.
- July 21 Foot Care Clinic. By Appt. Only. \$25.00 fee.
- July 25 ☺ Sat. Night Ballroom Dancing. The Entertainers. 7:30pm. \$8.00pp.
- July 30 Day Trip: Foxwoods Casino. 6:30am. \$25.00.
- Aug 5 Musical Presentation by Greg Curtis. 1:00pm. Free. All are welcome. Sponsored by Methuen Cultural Council/Arts Lottery.
- Aug 11 Ice Cream Social. Sponsored by Councilor Jennifer Kannan. 1-3:00pm.
- Aug 15 Thrift & Gift Shops – One Day Special Sale. 9:00-3:00pm.
- Aug 18 Annual Senior Picnic! Watch for details.



BLOOD PRESSURE CLINIC 2009

2nd & 4th Tuesdays of the Month ~ 9-11am

June 9 and 23	July 14 & 28	Aug 11 & 25
Sept. 8 & 22	Oct 13 & 27	Nov 10 & 24
Dec 8 & 22		

There is no charge for this service, but donations are always welcome!

FOXWOODS CASINO 2009 ☺

THURSDAYS

June 25	July 30	Aug 27
Sept. 24	Oct 29	Nov. 19

Bus leaves promptly at 6:30am from the Park & Ride Parking Lot on Pelham St. Return bus leaves Foxwoods at 4:30pm sharp! Tickets: \$25.00pp – Non-Refundable

INFORMATIONAL HEALTH TALK

Stroke Risk Factors

Presented by Northeast Rehab
Monday, June 8, 2009 ~ 10:30-11:30am
All are invited to attend!

AN AFTERNOON OF DANCING!

Saturday, June 13, 2009

1:00pm – 4:00pm

Music by D.J.'s Dick & Diane Dean

Refreshments

Tickets available in the office or at the door :\$5.00pp.

All are invited to attend!



MEDICAL FOSTER HOME PROGRAM FOR VETERANS

Bedford, MA - The Edith Nourse Rogers Memorial Veterans Hospital in Bedford is pleased to announce it has joined a nationwide initiative to offer our veterans an alternative to institutionalized long term care; **Medical Foster Homes (MFH)**. The MFH program is a unique partnership of adult foster homes and Home Based Primary Care (HBPC), operating under Community Residential Care (CRC) guidelines, through the Dept. of Veterans Affairs.

There are many veterans who have lived home alone and independently for years with the help of comprehensive home care services. Sometimes, the veteran's health declines to the point that it is no longer safe to continue living alone. Traditionally, the only solution was nursing home placement; however, if the veteran is not interested in nursing home care, the lack of additional supports may adversely affect the health and well being of the individual. The Medical Foster Home (MFH) program steps in to offer a safe, favor-able, and less costly alternative for the veteran.

Medical Foster Home finds caregivers in the community who are willing to take a veteran into their home and provide 24-hour supervision as well as needed personal assistance. The expectation is that this is a long-term commitment, where the veteran may live for the remainder of his or her life. The caregivers are paid based upon the level of care needed, ranging from someone with dementia with some dependence in activities of daily living, to someone who may be incontinent, bed-bound, and has more intensive care needs. This is a very cost- effective alternative to nursing home placement and allows for a safe home type environment for veterans.

Payment is made by the veteran directly to the caregiver monthly and includes room and board, 24-hour supervision, assistance with medications, and whatever personal care is needed. Medical Foster Home caregivers are appointed and monitored by clinical staff members from the Bedford VA Hospital.

The Bedford VA Hospital is currently searching for individuals who are interested in becoming future Medical Foster Home caregivers. Potential caregivers must be:

- Over the age of 21
- Own or renting a home, and live there with the veteran(s)
- Read, write, and speak English (Bilingual applicants are encouraged to apply)
- First Aid and CPR certified or willing to become certified
- Have formal or informal experience as a caregiver
- Allow an Interdisciplinary Treatment Team (HBPC & MFH) into your home for needed visits or inspections.
- Willing to accept, participate in, and follow the veteran's treatment plan

The Medical Foster Home program allows community members an opportunity to serve our veterans. If you or some one you know is interested in receiving more information about this exciting program, please contact VA Social Worker Cheryl Coviello, Medical Foster Home Program Coordinator, at (781) 687-2706.

"RENE J. MORISSETTE SERVICE TO SENIORS" AWARD BANQUET
Tuesday, June 23, 2009 ~ 6:30pm



The Methuen Exchange Club and the Methuen Council on Aging proudly present this year's "Rene J. Morissette Service to Seniors Award" to **...CHARLOTTE BLOOD!**

Charlotte is one of the very special volunteers who have been giving their all to the Methuen Senior Center, Methuen Senior Citizens and the Methuen Community for many, many years! In fact, she was one of the original fundraising volunteers for our center since 1982!

Charlotte "officially" enrolled as a volunteer in December of 2000. Her volunteer assignments over the years include the Senior Reader program, numerous special events including Flu Shot Clinic, Holiday Craft Fair, Arts, Crafts & Music Festival, Fashion Shows, Tea Parties, Flea Markets, annual Day of Remembrance, Thrift Shop volunteer, Choral Group back-stage help and MC, many of our Intergenerational Programs and so much more!

As a member of the Methuen Senior Activity Center Board of Trustees, Charlotte has been especially helpful in securing fundraising donations for the Methuen Senior Center from community organizations and businesses. In November of 2003, she also became an appointed board member of the Methuen Council on Aging.

~~No matter the task, Charlotte jumps right in wherever she can help! Her energy, enthusiasm and unwavering support is an example to us all!~~

Join us as we honor Charlotte for her outstanding service to seniors. Tickets are available in the office at \$7.50 per person and include a complete chicken dinner by *Mike's Family Catering*.

Happy Birthday



Best wishes to everyone who celebrated a birthday during the month of **May...**

Billie Richter Yvonne Lafitte Stella Azzarelli
Linda Sheehan George Hargreaves Connie Grew
Beverly Bradley Cecile Paquin Ann Lavoie

Do you have a birthday this month? Sign up for the birthday lunch on June 18th, 2009. Reservations must be made no later than 12:00 noon on June 16th.

Call 978-983-8825. In the meantime, we wish you...

Happy Birthday!!!

SHARE A TIP by Dora Atkinson

- Before you place a new roll of toilet paper on the holder, dab or mist the inside of the cardboard tube with your favorite perfume. It will release a bit of fragrance with each spin!
- To keep veggies crispy in the fridge, toss a dry sponge in the bottom of the drawer to absorb moisture that causes the fruits and vegetables to go bad.
- To perk up roses that have started to droop, prick the stem with a pin just below the flower head, then soak in lukewarm water for an hour – they'll assume their original height.

SESSIONS #5 & #6 OF 6 PART SAFETY SERIES

Sponsored by Methuen TRIAD at Methuen Senior Activity Center

Methuen TRIAD encourages everyone to participate in these important safety presentations! Be sure to enter your name in the free raffle at each session you attend. At the conclusion of the series, one winner will be drawn to win a \$25.00 Market Basket Gift Certificate! The more you attend the more raffle entry chances you get!



- ***Tuesday, June 2*** - 9:30 -11:00 Essex County District Attorney and Essex County Sheriff's Departments will discuss ID Theft and Proper Disposal of Medications.

- **Tuesday, June 9** - 9:30-11:00 – Senior Morning at Methuen Police Dept. Take a tour of the station and meet and speak with K-9 Sugar and her handler, Ofc. Prindle. Also bring any questions from previous lectures that you may have and we'll discuss them.

Clip & Save



BUTTON-CELL BATTERY RECYCLING Help protect the environment! A button cell battery collection box is available in our lobby. Types of batteries that can be deposited include: hearing aids, watches, cameras, calculators and some toys.





JUNE 2009



MONDAY

8:00-9:00
CHAIR YOGA

9:30-12:00
JAPANESE BUNKA

9:30-10:30
MODIFIED
AEROBICS

9:30-11:30
NEEDLEARTS

12:00-3:30
SHUFFLEBOARD
~~~~~

### **EZ Trans**

Assist Van  
685-8767

or for a cab

1-877-308-7267

48 Hrs. Advance  
Notice Required  
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PLEASE NOTE:

Exercise programs,
yoga and dance classes
run continuously
throughout the year.
Craft classes run on 10
week semesters.

TUESDAY

8:00-9:00
AEROFLEX

9:15-10:45
DANCE

9:00-11:30
12:30-3:00
CERAMICS

9:00-11:00 CLINIC
2nd & 4th TUES of the MONTH

8:30-11:30 &
12:30-3:30
SHUFFLEBOARD

12:30-3:00
KNIT & CROCHET
~~~~~

**AARP** meets the  
third Tuesday of each  
month. 1:00pm.  
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Counseling services
Tuesdays 9-11am



WEDNESDAY

8:00-9:00
WEIGHT TRAINING

9:15-10:15
MODIFIED
AEROBICS

10:00-12:00
OIL PAINTING

9:00-11:30
QUILTING

2:15-3:45
ADOPT-A-
GRANDPARENT
~~~~~



## THURSDAY

8:00-9:00  
AEROFLEX

9:00-11:30  
QUILTING

9:30-10:30  
FITNESS CLASS

9:30-12:00  
JAPANESE BUNKA

12:30-3:30  
BRIDGE

12:30-2:00  
CHORAL GROUP  
~~~~~

RIDES AVAILABLE FOR MEDICAL APPOINTMENTS

Call Dorothy, 9-12:00n at
978-983-8825. A
minimum of 2 days
advance notice required.



FRIDAY

8:00-9:00
WEIGHT TRAINING

9:30-10:30
MODIFIED
AEROBICS

9:00-10:30
YOGA (On-going)

1:00-3:00 BINGO

1:00-3:00
KNITTING
~~~~~

### **FOOT CARE CLINIC**

Once a month . by appt  
only. \$25.00 charge.  
Call for schedule.  
~~~~~

Representative Linda
Dean-Campbell will be
here Fridays 11:00am-
12:00pm to address
questions, concerns &
comments.

Our Newsletter & Mailings are
sponsored in part by Executive
Office of Elder Affairs,
One Ashburton Pl.
Boston, MA 02108



LUNCH SERVED
Monday through Friday ~11:30am
Call Mornings 978-685-8866
(Two day advance notice Required)
Donation: \$2.00



The **GIFT SHOP** and
THRIFT SHOP are open
Monday – Friday
9:30am – 3:30pm
THE PUBLIC IS WELCOME!





TRAVEL WITH US!


- June 14-17, 2009. Niagara Falls. Transportation, 3 nights lodging, 3 breakfast, 3 dinner, entertainment, tours, Imax theater, more! \$670pp/do.
- June 20, 2009. Alaska Inside Passage Cruise. 8days/ 7 nights. \$2,099pp/do includes airfare.
- June 26, 2009. The Cheesecake Factory and Charles River Boat Co. Cruise, Lunch, & Shop. \$84pp. 8:30am.
- June 28-29, 2009. 2 day/1 night Lobster Fest Special at the Beacon Resort, Lincoln, NH. \$235pp/do.
- July 10, 2009. Tall Ships Boston. 3 hour buffet & cruise of Boston Harbor on the MV Harbor Queen. \$81pp. 8:15am.
- July 24, 2009. Wine & Cheese Tour, Nashoba Valley. Tour, lunch, shopping. \$62.00pp. 8:30am.
- August 5, 2009. Rhode Island Lighthouse Cruise. Choice of luncheon at Amalfi Restaurant in Narragansett. \$71.00pp. 9:00am.
- August 14-20, 2009. San Francisco & Lake Tahoe. 7 days, 7 meals. Union Sq., Golden Gate Bridge, Napa Valley, Virginia City, Reno, Carson City, Lake Tahoe Cruise. \$1,849pp/do.
- August 21-27, 2009. The Black Hills & Badlands, S. Dakota. Transportation, lodging, 7days, 10 meals, more. \$1,879pp/do.
- August 30-Sept 8, 2009. Shades of Ireland. 10 days/13 meals. Castle Stay, Limerick, Cliffs of Moher, Galway, Dublin, Blarney Castle, Ring of Kerry, more! \$2,871pp/do.
- September 4-12, 2009. Trains of the Colorado Rockies. Transportation, lodging, 9 days, 12 meals, more. \$2,579pp/do.



- Sept. 18-21, 2009. Washington, DC. Motorcoach transportation, 3 nights lodging, 6 meals, guided tours of WWII Memorial, Capitol Hill, Embassy Row, The White House, The Smithsonian & more. \$375pp/do.
- Sept. 18, 2009. Fall Foliage Day Trip – western Massachusetts. Lunch at Salem Cross Inn, Tour of Quabbin Reservoir, Brookfield Orchards. \$61.00pp. 8:15am.
- Sept. 20, 2009. Myrtle Beach, SC. 7 days, transportation, 12 meals, shows, sights, more! \$990pp/do.
- Oct 7-9, 2009. Lake George, NY. 2 Nights, 4 meals, cruise on Lake George, dinner/entertainment, National Racing Museum, Saratoga Gaming and Raceway, more! \$319pp/do.
- Oct. 10-17, 2009. Great Smokies & Kentucky. Transportation, lodging, 8 days, 10 meals, more! \$2,399pp/do.
- Oct 12-14, 2009. Foxwoods & Newport. Transportation, 2 nights lodging, 4 meals, Tour of Newport, and Newport Mansion, visit Mohegan Sun Casino, more. \$289pp/do.
- Oct. 15-15, 2009. Kennebunkport, ME Nonantum Resort.. Transportation, 1 night, 3 meals, sightseeing. \$335pp/do.
- Oct 23, 2009. Indian Head Resort. White Mountains, NH. Lunch, Costume Contest, Live Show. \$66.00pp. \$9:30am.
- Nov.1, 2009. Florida Keys Resort Getaway. 6 days/ 5 nights, 6 meals, transportation, lodging, airfare 1,899pp/do.
- Nov. 4-11, 2009. French Riviera. Transportation, lodging, 8 days, 10 meals, more! \$2,399pp/do.
- Nov. 5-14, 2009. Hawaiian Adventure: 3 Islands. Transportation, lodging, 10 days, 12 meals, more! \$3,999pp/do.
- Nov. 12-16, 2009. Branson Musical Holiday. Transportation, lodging, 5 days, 5 meals, more! \$1,729pp/do.
- Dec.1, 2009. Mohegan Sun Casino & Cornerstone Theater, Mystic, CT. “Mistletoed”. 7:15am. \$61.00pp.
- Sept 20-29, **2010**. Oberammergau Passion Play 2010. 10 day Alpine Europe Tour - Austria, Italy, Switzerland & Germany.

45'S vs. THEM "

Card Tournament

 Wednesday, June 17, 2009

1:00-3:30pm

**Methuen Seniors vs. Methuen
Police Dept.**

**Don't miss the fun! Sign
up in the office!**

FREE LEGAL ASSISTANCE

Karol Bisbee, Elder Law Attorney will hold a free legal clinic every third Wednesday of the month from 9:00-11:00am. Appointments made on a first come-first served basis and limited to 15 minutes



FOOT CARE CLINIC 2009



Foot Care Clinics will be held the following Tuesdays from 1:00-3:00pm. Appointments are necessary and a \$25.00 charge is due at time of service.

June 16 July 21 Aug 25
Sept 15 Oct 20 Nov 17 Dec 15

50/50 CLUB WINNERS ☺

Congratulations to the May 2009 winners

\$	Gloria Brody	\$ 177.65	\$
	Edith Lynch	\$ 106.59	
	Susan Powell	\$ 71.06	

If you haven't joined the club yet, it's not too late!
Enrollment forms are available in the office 6 months (\$24.00) or 12 months (\$48.00). Three chances to win each month! Sign up today!



CAMPBELL'S SOUP LABELS



Campbell soup labels and General Mills "Box Tops For Education" labels are collected year round. The labels are delivered to local schools to be traded in for new classroom supplies! All you have to do is cut out the "Point Value" symbol or the UPC label from the back of Campbell's products and the "Box Tops For Education" symbols off General Mills products and drop them off here at the center. It's so easy and a great way to help the children in our community! Thanks.