



**METHUEN ELDER AFFAIRS**  
**Methuen Activity Center**  
**77 Lowell Street, Methuen, MA 01844**  
**(978)983-8825**  
**Monday through Friday ~ 8:00am – 4:00pm**

**FEBRUARY 2008**

STAFF

Corinne C. LaCharite, Executive Director  
Department Head  
Linda Sheehan, Administrative Assistant  
Lynneanne Moss, Head Clerk  
Susan Foster, Activity Coordinator  
Elena Ganem, Office Support

SERVICE STAFF

BENEFITS COUNSELING / SHINE Volunteer  
Beverly Bradley

GIFT SHOP  
Barbara Skinner, Manager

HEALTH CLINIC (VNA)  
Rita Lonardo, RN

MEALS ON WHEELS/NUTRITION PROGRAM  
Maureen Donovan

MEDICAL TRANSPORTATION  
Dorothy Zazopoulos

OUTREACH / SUPPORT SERVICES  
Louise Edelblute, RN

SENIOR READERS IN SCHOOLS  
Linda Sheehan, Susan Foster

TELEPHONE REASSURANCE

THRIFT SHOP

TRIPS  
Susan Foster  
Elena Ganem

VOLUNTEER SERVICES/FRIENDLY VISITOR  
Linda Sheehan  
Dorothy Zazopoulos

SOCIAL GROUPS

AARP  
Celeste McDonald DiFruscia

BEANO  
Phyllis Hutton

BRIDGE GROUP  
Mary Letizio

CABARET!  
Domenic Stella

SHUFFLEBOARD GROUP

COUNCIL ON AGING

Monica Pitman, Chairman  
Louise Flynn, Vice Chairman  
Elena Ganem, Secretary  
Leo Kirane, Treasurer  
Domenic Stella  
Charlotte Blood  
Elaine Morissette

GREETINGS FEROM THE COUNCIL ON AGING

The Methuen Council on Aging consists of a seven member board appointed by the Mayor and approved by the City Council. The Council on Aging's main objectives are: (1) To advocate on behalf of the Methuen elderly population in addressing their needs by identifying and developing community resources of assistance. (2) To set policy for the operation of the Senior Center (3) To provide information, referral, outreach, nutrition and health services in cooperation with other City Departments and area agencies. (4) To enhance the quality of life for Seniors and the Community by providing educational, recreational, cultural programs and activities.

**IN APPRECIATION!**



Special thanks to all who contributed to the programming and services at the Senior Center in January including the Methuen Police Dept. for joining us for a 45's Tournament; Dan DiBurro for a very informative talk hosted by Methuen Chapter AARP on *freezing your credit*. We'd also like to give some extra special thanks to the Meals on Wheels crew who have been absolutely wonderful in some not-so-wonderful weather conditions lately!

We're already a full month into the new year. Be sure to join us again this month. As you'll see inside... we've got lots planned for you!

**Thank You All!**

**Valentine's  
Day Dance**



**Sponsored by  
the students of  
Presentation of Mary  
Academy**

**Wednesday, February 13, 2008  
1:00-3:00pm**

**At Methuen Senior Activity Center  
No Admission Cost. Refreshment.  
All are welcome!**



# MEMORIALS

Memorials have been received in memory of:

**Barbara Lawton**  
**Jeannette M. Lemieux**  
**Pauline M. Roberge**  
**Angelina Silva**



Memorial monies received to the Methuen Senior Activity Center will be used for special memorial items only.

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Memorial cards are available at the Center Office and from your funeral director.

# SMOKE DETECTORS



In conjunction with the Massachusetts Department of Public Health, the State Fire Marshall's Office, and the Methuen Senior Activity Center, the Methuen Fire Department will once again offer the seniors in the City free smoke alarms. The new detectors come equipped with 10 year batteries. Participants will be required to sign a liability waiver and a questionnaire will also be provided as well as a follow up questionnaire (six months later). Fire safety information and escape planning will be included. Detectors will be installed on a first come/first served basis. Seniors can request smoke detectors for their home by calling 978-983-8825.

# METHUEN SENIOR ACTIVITY CENTER



## FOXWOODS CASINO 2008 SCHEDULE

Thursdays – 6:30am - \$22.00pp Non-Refundable  
 Bus leaves from Park & Ride on Pelham St.

March 27    April 24    May 29    June 26  
 July 24    Aug 28    Sept 25    Oct 30    Nov 20

# INFORMATIONAL HEALTH TALK

What:            Fibromyalgia  
 When:          Monday, February 11, 2008  
                     10:30am  
 Hosted by:    Whittier Rehab Hospital  
 At:              Methuen Senior Activity Center  
                     Free!    All are welcome to attend!



## Join the Club...



# METHUEN SENIOR CENTER 50/50 CLUB



**Three Winners Each Month!**

**Membership \$4.00 per month**

**Must be paid 6 month \$24.00 or 12 months \$48.00**

*(Your Donation is Tax Deductible)*

**Membership \$4.00 per month**  
**Must be paid 6 months or 12 months**

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**Donation: \$ \_\_\_\_\_**

**6 months = \$24.00    12 months = \$48.00**  
**(Make Check Payable To: MSC 50/50 Club)**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

*(Cut out and mail in your membership today!)*



## Prize Fund 50% of Total Monthly Income



# of Members	Prize Fund	1 <sup>st</sup> Prize	2 <sup>nd</sup> Prize	3 <sup>rd</sup> Prize
100	\$200	\$100	\$60	\$40
150	300	150	90	60
200	400	200	120	80
250	500	250	150	100
300	600	300	180	120
350	700	350	210	140
400	800	400	240	160
500	1000	500	300	200

**For more information, or to join the club,  
 Visit the office at 77 Lowell St, Methuen**



# FEBRUARY 2008



## MONDAY

8:00-9:00  
CHAIR YOGA

9:30-12:00  
JAPANESE BUNKA

9:30-10:30  
MODIFIED  
AEROBICS

9:30-11:30  
NEEDLEARTS

12:00-3:30  
SHUFFLEBOARD

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### **EZ Trans**

Assist Van  
685-8767  
or for a cab  
1-877-308-7267  
48 Hrs. Advance  
Notice Required

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## TUESDAY

8:00-9:00  
AEROFLEX

9:15-10:45  
DANCE

9:00-11:30  
12:30-3:00  
CERAMICS

9:00-11:00  
CLINIC

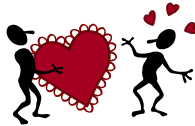
8:30-11:30 &  
12:30-3:30  
SHUFFLEBOARD

12:30-3:00  
KNIT & CROCHET

1:00-2:00  
FITNESS

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**AARP** meets the  
third Tuesday of each  
month. 1:00pm.



## WEDNESDAY

8:00-9:00  
WEIGHT TRAINING

9:00-11:00  
11:30-1:30  
COMPUTERS

9:30-10:30  
MODIFIED  
AEROBICS

10:00-12:00  
OIL PAINTING

9:00-11:30  
QUILTING

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### **N.A.R.F.E.**

Meets the last  
Wednesday of the  
month at 2:00pm.

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### **PLEASE NOTE:**

Exercise programs,  
yoga and dance classes  
run continuously  
throughout the year.  
Craft classes run on 10  
week semesters.

## THURSDAY

8:00-9:00  
AEROFLEX

9:00-11:30  
QUILTING

9:30-10:30  
FITNESS CLASS

9:00-11:00  
11:30-1:30  
COMPUTERS

9:30-12:00  
JAPANESE BUNKA

12:30-3:30  
BRIDGE

12:30-2:00  
CHORAL GROUP

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### **RIDES AVAILABLE FOR MEDICAL APPOINTMENTS**

Call Dorothy, 9-12:00n at  
978-983-8825. A  
minimum of 2 days  
advance notice required.

## FRIDAY

8:00-9:00  
WEIGHT TRAINING

9:30-10:30  
MODIFIED  
AEROBICS

9:00-10:30  
YOGA (On-going)

1:00-3:00 BINGO

1:00-3:00  
KNITTING

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### **FOOT CARE CLINIC**

Once a month . by appt  
only. \$25.00 charge.  
Call for schedule.

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Representative Linda  
Dean-Campbell will be  
here Fridays 11:00am-  
12:00pm to address  
questions, concerns &  
comments.

Our Newsletter & Mailings are  
sponsored in part by Executive  
Office of Elder Affairs,  
One Ashburton Pl.  
Boston, MA 02108



**LUNCH SERVED**  
Monday through Friday ~11:30am  
Call Mornings 978-685-8866  
(Two day advance notice Required)  
Donation: \$2.00



The GIFT SHOP and  
THRIFT SHOP are open  
Monday – Friday  
9:30am – 3:30pm  
THE PUBLIC IS WELCOME!



## TRAVEL WITH US!



- February 14, 2008. Lunch & Show at Spinelli's, Lynnfield, MA. Choice of Lunch followed by father/daughter musical duo "Here's to Love" show. 10:00am. \$66.00pp.
- April 4-7, 2008. Washington, DC. 3 nights, 5 meals, extensive sightseeing with local tour guide, free time for shopping, browsing, etc. \$535pp/do.
- April 10, 2008. The Log Cabin Restaurant, Holyoke, MA. Italian Festival with Impressionist Mark Verselli. Lunch & Show. \$71.00pp. 9:00am. Return approx. 5-5:30pm.
- April 22-25, 2008. Penn-Dutch Tour including Gettysburg & Hershey. Transportation, 3 nights lodging, 6 meals, sightseeing, tours and entertainment. \$595pp/do.
- May 5-7, 2008. Lake George, NY. Transportation, 2 nights at The Georgian, 2 breakfasts, 1 dinner, dinner theater, welcome reception, tours of Saratoga and Lake Placid, boat ride, visit to Sutton's Marketplace. 9:00am. \$293pp/do.
- May 7-9, 2008. Mystery Inn-trigue Trip to Middlebury Inn, Vt. Transportation, 2 nights lodging, 5 meals, sightseeing, solve a "mystery" – lots of fun. \$465pp/do.
- May 18-21, 2008. Niagara Falls! Transportation, 3 nights lodging, 3 breakfasts, 3 dinners, entertainment, tours. \$595pp/do.
- June 1-8, 2008. Mackinac Island, Michigan. Transportation, lodging, 13 meals, tours, sights, shopping, & more. \$1,850pp/do.
- June 20, 2008. Portland Downeast Duck Tour, Portland, ME. All you can eat lunch buffet at Dunstan School House, tour Portland on your "Duck". 9:30am. Return approx. 6:30-7:00pm. \$61.00 pp.
- June 30, 2008. Boothbay Harbor, ME. Boat ride and double lobster-bake on Cabbage Island. \$90pp. 8:30am
- September 14, 2008. Oregon Trails. 6 days, transportation, lodging, 8 meals, tours, sightseeing, & more. \$1,449pp/do.
- September 18-28, 2008. Branson by Bus. Transportation. 2 nights each Pennsylvania, Indianapolis and St. Louis, 17 meals, 9 live theater shows & more. \$1,995pp/do.
- September 20-28, 2008. Trains of the Colorado Rockies. 9 days, 12 meals. \$2,249 pp/do.
- September 21, 2008. Tribute to Engelbert at Indian Head Resort, Lincoln, NH. Cocktail reception, individual photos for everyone, gift certificate for the Gift Shop, Daily Drawing Coupon, Full Luncheon Buffet, Dance Band and Floor Show! 9:00am. Return approx. 5:30-6:00pm. \$67.00pp.
- Oct 13-17. 2008. San Antonio Getaway. 5 days, transportation, lodging, sights, tours 7 meals & more. \$1,249pp/do.
- Nov 1-9, 2008. Discover Sicily. 9 Days, 11 meals, transportation, lodging, sights, tours & more. \$2,469pp/do.



**N.E.E.T. DRIVERS** Volunteer drivers are needed to take seniors to and from their medical/dental appointments. Drive as often or as little as you like – just tell us when you're available to help out. Drivers are reimbursed at 40¢ per mile. A valid drivers license and your own vehicle are required. For more info, please call 978-983-8825.



### Happy Birthday



Best wishes to everyone who celebrated a birthday during the month of January...

Lorraine Floyd	Shirley Eaton	Lilian Zakia
George Mendonsa	Sue Foster	Bill Donovan
Shirley King	Johanne Smith	Shirley Bevin

Do you have a birthday this month? Be sure to sign up for the birthday lunch on February 21<sup>st</sup>, 2008. Reservations must be made no later than 12:00 noon on Feb. 19<sup>th</sup>. Call 978-983-8825. Meanwhile...**Happy Birthday!!!**

### 50/50 CLUB WINNERS

Congratulations to the **January 2008** winners

\$	<b>Dorothea Begley</b>	<b>\$197.60</b>	\$
	<b>Manny Quintal</b>	<b>\$118.56</b>	
	<b>Helen &amp; Linda Giarrusso</b>	<b>\$ 79.04</b>	

If you haven't joined the club yet, it's not too late!  
 Enrollment forms are available in the office 6 months (\$24.00) or 12 months (\$48.00).  
 Three chances to win each month! Sign up today!

### JEWELRY SALE

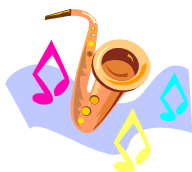
Donations for the Jewelry Sale Table are always most gratefully accepted anytime in the office.



## **CABARET SCHEDULE 2008**

**Saturdays ~ 7:30-11:00pm**

- Feb. 9 Fred Manzi Trio. (Valentine's)  
Feb 23 The Mel-Tones  
March 8 Variations (St. Patrick's)  
March 29 Pete Saran  
Apr 12 Entertainers  
Apr 26 Boots & Co.  
May 3 The Mel-Tones  
May 17 The Fred Manzi Trio  
June 7 Variations  
June 21 Pete Saran  
July 12 The Entertainers  
July 26 Boots & Co.  
Aug 9 The Fred Manzi Trio  
Aug 23 The Mel-Tones (Hawaiian)  
Sept 13 Variations  
Oct 4 Pete Saran  
Oct 18 The Entertainers  
Oct 25 Boots & Co. (Halloween)  
Nov 8 The Fred Manzi Trio  
Nov 22 The Mel Tones  
Dec 6 Variations  
Dec 20 Pete Saran  
Dec 31 New Year's Eve – The Entertainers



**Tickets will be \$8.00 per person available  
in the office and at the door.**



## **SENSIBLE EATING GROUP**

**FRIDAYS at 10:00am**

A weekly discussion group on healthy eating habits will meet for the purpose of losing and/or maintaining weight. This casual, self-lead group will provide encouragement, share recipes and ideas for sensible weight management. Join us!



# FEBRUARY 2008 EVENTS CALENDAR



- Tues 5 TRIAD Meeting. 10:00am.  
 Thurs 7 Mayor Manzi's State of the City Address. Sponsored by Methuen Board of Trade. 6:00pm. All are welcome to attend.  
 Sat 9 Cabaret! Valentine's Day – Queen of Hearts and her Court to be crowned! Prizes! Music by Fred Manzi Trio. 7:30pm. \$8.00pp.  
 Mon 11 Informational Talk: Fibromyalgia. Sponsored by Whittier Rehab.  
 Wed 13 Valentine's Day Dance hosted by Presentation of Mary Academy. 1:00-3:00pm. All are welcome. Refreshments.  
 Thurs 14 Informational Talk: Healthy Heart. Speaker: Dr. Kevin Berry. 1:00pm. All are invited!  
 Mon 18 President's Day. Center closed.  
 Tues 19 Methuen Veterans Agent, Tom Hargreaves will be available at the Center to meet with senior veterans. 10:00am.  
 Tues 19 Foot Care Clinic. \$25. 1:00pm. By appt. only.  
 Tues 19 AARP Meeting. 1:00pm.  
 Thurs 21 Birthday Party! 11:30am.  
 Sat 23 Cabaret! The Mel-Tones. 7:30pm. \$8.00pp.  
 Wed 27 NARFE Meeting. 2:00pm



## COMING SOON...

- March 4 TRIAD Meeting. 10:00am.  
 March 5 St. Patrick's Day Celebration. 1-3:00pm. Traditional Irish Corned Beef & Cabbage Dinner. Entertainment by soprano, Ruth Harcovitz and O'Shea Chaplin School of Irish Step Dance. \$13.00pp.  
 March 8 Cabaret! St. Patrick's – Dress in green! "Mr. McNamara" to lead the march!. Music by Variations. 7:30pm. \$8.00pp.  
 March 11 Ice Cream Social. 1:00pm. Sponsored by Mayor Manzi. Music by Chet Harnden.  
 March 18 Methuen Veterans Agent, Tom Hargreaves will be available at the Center to meet with senior veterans. 10:00am.  
 March 18 Foot Care Clinic. \$25. 1:00pm. By appt. only.  
 March 18 AARP Meeting. 1:00pm.  
 March 20 Birthday Party! 11:30am.  
 March 26 N.A.R.F.E. 2:00pm.  
 March 27 Day Trip: Foxwoods. 6:30am. \$21.00pp.  
 March 29 Cabaret! Music by Pete Saran. \$8:00pp. 7:30pm.



## TRIAD TIPS

As a senior citizen, criminals often target you because they think you are vulnerable, but you need not believe that. Your own education and awareness can prevent these criminals from victimizing you. If you are contacted – by telephone, mail or e-mail – by someone claiming that:

- ▶ you have won something,
- ▶ need to verify account numbers or other personal information
- ▶ they need your help transferring money or
- ▶ anything else that sounds too good to be true –

HANG UP, DELETE or THROW AWAY such correspondence. No legitimate company verifies information in this way. Unless you have initiated contact – you called, mailed or visited a company's web site – do NOT give out personal information.

You may visit [www.donotcall.gov](http://www.donotcall.gov) or call 1-888-382-1222 to reduce the number of calls to you house. Also, [www.madonotcall.govconnect.com](http://www.madonotcall.govconnect.com) or 1-866-231-2255.

If you suspect you that you are victim of a scam, contact your local police department and the Attorney's General's Office at 617-727-2200.

*TRIAD is a partnership of law enforcement, senior citizens and community organizations. The purpose of TRIAD is to increase senior citizen safety through education and crime prevention. For more information, please contact your local Council on Aging.*

METHUEN SENIOR ACTIVITY CENTER  
77 LOWELL STREET  
METHUEN, MA 01844

# TAX ASSISTANCE

Tax assistance volunteers will be available at the Senior Center beginning February 1 through April 14 by appointment only. To make an appointment, please call 978-983-8825.

Please be sure to have the following items with you when you arrive for your scheduled appointment:

1. Tax documents (W2, 1099's, etc.).
2. Copy of last year's tax return (Federal & State)
3. Last year's real estate tax bills or amounts paid.
4. Last year's water & sewer bills or amounts paid
5. **NEW – Form MA 1099HC**

## WHO MUST/SHOULD FILE A TAX RETURN?

### 1. Federal

Single	Under 65	Gross income is \$8,750 or more
65 or older		Gross income is \$10,050 or more
Married	Under 65 (both)	Gross income is \$17,500 or more
Filing Jointly	65 or older (one spouse)	Gross income is \$18,550 or more
	65 or older (both)	Gross income is \$19,600 or more

### 2. State

Single		Gross income is \$8,000 or more
Married (Jointly)	With no dependents	Gross income is \$15,850 or more

\*\*\* Gross income does not include Social Security Benefits \*\*\*

3. Any taxpayer that had federal or state taxes withheld or paid.

### Senior Circuit Breaker Credit

Residents of Commonwealth of Massachusetts 65 or older who qualify are eligible\* for a credit/refund of up to \$900, regardless of whether they paid state income tax or were required to file a tax return.

**Also, please remember, this is a *volunteer service* and the program is designed to help seniors with limited income and limited investments! Appointments are limited to 45 minutes.**



## **ATTN: EZ TRANS RIDERS**

Financial assistance is available for the purchase of EZ Trans transportation tickets through the Methuen Council on Aging's grant funded by HUD. Methuen senior residents who use this transportation program are encouraged to apply for reduced fare (*1/2 price*) ticket books available only through the Methuen Council on Aging office. Methuen seniors must be income eligible and will need to provide proof of household income to participate. For more information, stop by the office or call 978-983-8825.



## INFORMATIONAL HEALTH TALK

What: Healthy Heart

When: Thursday, February 14, 2008  
1:00-2:00pm

Where: Methuen Senior Activity Center  
77 Lowell St, Methuen

Speaker: Dr. Kevin Berry

Topic: Discussion to include general overview of cardiac care and the effects of diet, exercise and medication on your heart health!



Free! All are welcome!

## FOOT CARE CLINIC

Foot Care Clinics will be held on the following Tuesdays from 1:00-3:00pm. Appointments are necessary and there is a \$25.00 charge at time of service.



**Feb 19      March 19      April 15**  
**May 20      June 17      July 15      Aug 19**  
**Sept 16      Oct 21      Nov 18**

## SHARE A TIP by Dora Atkinson



- To stop static shock on carpet, fill a spray bottle with 1 part fabric softener to 5 parts water. Lightly mist carpet.
- Don't waste time looking for tweezers, nail clippers or small scissors. Instead, attach a magnetic strip to the inside of your medicine cabinet or bathroom vanity door.
- Trying to get a single coffee filter out of the stack can be difficult unless you turn the stack inside out.

Join us for an

## IRISH CELEBRATION

Thursday March 5, 2008 1:00pm

at Methuen Senior Activity Center,  
featuring:

Corned Beef & Cabbage Dinner  
Entertainment by Ruth Hareovitz\* and  
O'Shea Chaplin School of Irish Step Dancing



Tickets available in the office \$13.00 per person



Don't miss this one... after all,  
Everyone is Irish on St. Patrick's Day!

*\* Performance by Ruth Hareovitz sponsored by a grant from  
Methuen & Massachusetts Cultural Councils*

## **A Message from Executive Office of Elder Affairs Getting Ready for the Conversion from Analog to Digital Television**

The MA Dept. of Telecommunications and Cable has issued a notice regarding the upcoming conversion from analog to digital television. Elder consumers are a large audience that may be affected by this change.

At midnight on February 2009, full power broadcast stations will be required to stop broadcasting in analog format. Digital TV will replace the analog system. There are several ways to prepare for this:

- Buy a new TV that has a built-in ATSC tuner
- Buy a Digital-to-Analog Converter Box
- Subscribe to a Cable TV or Satellite TV service

Since VCR and DVD players also have built in analog NTSC tuners, they are also subject to the effects of the analog cut-off date.

To help curb the cost impact for analog TV owners, the National Telecommunications and Information Administration (NTIA) and the US Dept. of Commerce developed a converter box program to allow analog TV owners to request coupons towards the purchase of a digital-to-analog converter box.

The coupons will be available from Jan. 2008 to March 31, 2009. All households that own a TV using over-the-air analog reception are eligible. Coupons, which will look like plastic gift cards, will be redeemable through local electronic stores.

Households may request two \$40 coupons toward the purchase of digital-to-analog converter boxes beginning by calling 888-DTV-2009 (1-888-388-2009) or on-line at [www.DTV2009.gov](http://www.DTV2009.gov), which also provides answers to frequently asked questions. Coupons will be forwarded via U.S. mail.

### **SECURITY FREEZE INFORMATION**

A security freeze means your credit file cannot be shared with potential creditors. A security freeze can help prevent identity theft. Most businesses will not open credit accounts without first checking a consumer's credit history. If your credit files are frozen, even someone who has your name and Social Security number probably would not be able to obtain credit in your name. A security freeze is free to identity theft victims who have a police report, investigative report or a complaint to a law enforcement agency concerning identity theft. All other consumers must pay a \$5.00 fee for each placing, temporary lifting or removing of a security freeze. A security freeze shall prohibit, with certain specific exceptions, the credit reporting agency from releasing the consumer's credit report or any information from it without the express authorization of the consumer. The freeze goes into effect three (3) business days from receipt of the consumer's letter by the credit reporting agency.

Any consumer in Massachusetts may place a security freeze on his or her credit report by sending

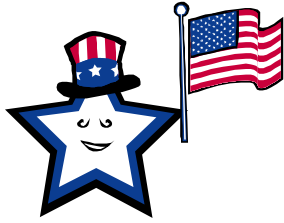
a request in writing, by mail to all three credit reporting agencies:

- 1. Equifax Security Freeze  
P.O. Box 105788  
Atlanta, GA 30349**
- 2. Experian Security Freeze  
P. O. Box 9554  
Allen, TX 75013**
- 3. Trans Union Security Freeze  
P. O. Box 6790  
Fullerton, CA 92834-6790**

For more information, visit [www.mass.gov](http://www.mass.gov) . Type in "credit freeze" in the search box and follow the link to Consumer Advisory Identity Theft Law. For free annual credit report information, you can also visit [www.annualcreditreport.com](http://www.annualcreditreport.com) .

Security freeze request forms are available in the senior center office along with basic information and FAQs.





**STATE OF CITY ADDRESS**  
 At Methuen Senior Activity Center, 77 Lowell St, Methuen  
**Thursday, February 7, 2008 – 6:00pm**



Mayor William M. Manzi, III will present a “State of the City” address.  
 This event is sponsored by the Methuen Board of Trade and is open to the public.  
 Refreshments will be served.

**FUEL ASSISTANCE**

Fuel assistance is available for low-income households both renters and owners alike. Eligibility and benefits are determined by household income, number of household members and vulnerability to heating costs. Your first call to apply for fuel assistance is to the Greater Lawrence Community Action Council at 978-681-4950/51/52. The 2008 Income Eligibility Guidelines Chart are listed below. If you are not qualified for that program, there are several other agencies you can call for help.



1. Citizen Energy at 978-681-4950/51/52 or 1-877-JOE-4-OIL
2. Your local Salvation Army at 1-800-334-3047
3. HEATLINE at 1-800-632-8175.
4. For utility company problems call 1-800-392-6066.



**LIHEAP FY 2007 (Based on Gross Annual Income)**

# Household Members	100% of Poverty	125% of Poverty	150% of Poverty	175% of Poverty	200% of Poverty
1	\$10,210	\$12,763	\$15,315	\$17,868	\$20,420
2	\$13,690	\$17,113	\$20,535	\$23,958	\$27,380
3	\$17,170	\$21,463	\$25,755	\$30,048	\$34,340
4	\$20,650	\$25,813	\$30,975	\$36,138	\$41,300
5	\$24,130	\$30,163	\$36,195	\$42,228	\$48,260
6	\$27,610	\$34,513	\$41,415	\$48,318	\$55,220
7	\$31,090	\$38,863	\$46,635	\$54,408	\$62,180
8	\$34,570	\$43,213	\$51,855	\$60,498	\$69,140

\*200% Poverty Level Not To Exceed 60% of State Median Income or Less Than 150% Of Poverty Level.